



South Limestone Hospital District
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SOUTH LIMESTONE HOSPITAL DISTRICT

COMMUNITY HEALTH NEEDS ASSESSMENT 2022

SUMMARY

To help inform future decisions and strategic planning, South Limestone Hospital District – Limestone Medical Center (LMC) conducted a community health needs assessment (CHNA) in 2022, the previous CHNA having been conducted in 2017. The assessment consisted of soliciting input from area community members and healthcare professionals as well as analysis of community health-related data.

To gather feedback from the community, residents of the area were given the opportunity to participate in a survey. 154 LMC service area residents completed the survey. Additional information was collected through several key informant interviews with community members. The input from the residents, who primarily reside in Limestone County, represented the broad interests of the communities in the service area. Together with secondary data gathered from a wide range of sources, the survey presents a snapshot of the health needs and concerns in the community.

Limestone County Demographic summary: (see appendix B)

- Limestone County's population from 2010 to 2020 decreased (5.29%). Total County population is 23,417.
- The average of residents under age 18 (22.52%) for Limestone County is nearly 3% lower the Texas state average (25.97%).
- The percentage of residents ages 65 and older for Limestone County (18.74%) is over 5% greater than Texas average (12.25%).
- Population with a disability in Limestone County is (16.85%) which is almost 5% greater than the Texas average of (11.47%)
- Population with limited English proficiency is (9.41%) less than the Texas average of (13.74%).
- Unemployment rate is (5.5%) greater than the Texas average of (4.7%).
- Labor Force participation rate for Limestone County is 52.29%, significantly lower than the Texas average of 64.24%
- The median household income for Limestone County is (\$44,418) significantly less when compared to the Texas state average of (\$61,874).
- Children in Limestone County below 100% poverty under the age of 18 (32.75%), much greater than the state average of (20.92%)
- Population with a Bachelors degree or higher is (14.83%) far less than the Texas state average of (29.90%) which contributes to the disparity in wages.

Respondent Demographics:

- The average age of respondent was over 25 years old with input from all age ranges.
- The education level of respondents was comparable. Most had at least some college (N=100) with (N=21) with graduate degrees.
- Primarily female (N=126)
- and full time employed (N=110)
- Zip Codes
76642 (N=59) Groesbeck

76667 (N=22) Mexia
76687 (N=13) Thornton
76653 (N=12) Kosse
75860 (N=5) Teague

- Race/Ethnicity- White (N=122); Black(N=12); Hispanic (N=11)
- Income- All levels of income were represented with 43% from \$25,000-\$74,999

HISTORY AND COMMUNITY RESOURCES

Limestone County is a county in the U.S. state of Texas. As of the 2020 census, its population was 22,146. Its county seat is Groesbeck. The county was created in 1846. Groesbeck was founded in 1871 and named for early railroad man, Abraham Groesbeck. On April 12, 1871, a post office was established and the name was listed as "Groesbeck." The spelling became the official city name. Located on State Highways 14 and 164, just 35 miles from IH 35 at Waco to the west, and only 30 miles from IH 45 to the east, we are 2.5 hours from Houston, and approximately 2 hours from Dallas.

ASSESSMENT PROCESS

The purpose of conducting a CHNA is to describe the health of local people, identify areas for health improvement, identify use of local healthcare services, determine factors that contribute to health issues, identify and prioritize community needs, and help healthcare leaders identify potential action to address the community's health needs.

A CHNA benefits the community by:

- 1) Collecting timely input from the local community members, providers, and staff;
- 2) Providing an analysis of secondary data related to health-related behaviors, conditions, risks, and outcomes;
- 3) Compiling and organizing information to guide decision making, education, and marketing efforts, and to facilitate the development of a strategic plan;
- 4) Engaging community members about the future of healthcare; and
- 5) Allowing the community hospital to meet the federal regulatory requirements of the Affordable Care Act, which requires not-for-profit hospitals to complete a CHNA at least every three years, as well as helping the local public health unit meet accreditation requirements.

This assessment examines health needs and concerns in Limestone County.

As part of the assessment's overall collaborative process, LMC spearheaded efforts to collect data for the assessment in a variety of ways:

- A survey solicited feedback from area residents;
- Community leaders representing the broad interests of the community took part in one-on-one key informant interviews;
- The community focus group, comprised of community leaders and area residents, was convened to discuss area health needs and inform the assessment process; and
- A wide range of secondary sources of data were examined, providing information on a multitude of measures, including demographics, health conditions, indicators, outcomes, rates of preventive measures; rates of disease; and at-risk behavior.

LIMESTONE MEDICAL CENTER

Limestone Medical Center (LMC) in Groesbeck, Texas is a 20-bed Critical Access Hospital with a 5 bed emergency room offering convenient access, located directly off of HWY 14.

Accredited as a Level IV Trauma Center by the Department of State Health Services.

LMC proudly serves the citizens of Limestone County, Freestone County Hill County, also, Leon County, Robertson County, and Navarro County. The hospital is situated on a beautiful campus and is open to all communities. We currently serve many communities including, Groesbeck, Mexia, Kosse, Bremond, Thornton and many others.

Hospital services offered include:

EMERGENCY ROOM	LABORATORY	SPECIALTY CLINIC
RADIOLOGY	RESPIRATORY	WOUND CARE
ULTRASOUND	CARDIAC REHAB	SWINGBED PROGRAM
CT/MRI	PULMONARY REHAB	BEHAVIORAL HEALTH
BONE DENSITY	PHYSICAL THERAPY	SLEEP LAB
NUCLEAR MEDICINE	OCCUPATIONAL AND SPEECH	EMS

LMC also has 3 rural health clinics:

FAMILY MEDICINE CENTER	RETTIG FAMILY HEALTH CARE	KOSSE COMMUNITY HEALTH CLINIC
801 McClintic Dr	204 W Trinity St	206 N Narcissus St
Groesbeck, TX 76642	Groesbeck, TX 76642	Kosse, TX 76653
254-729-3411	254-729-3740	254-375-7001

Other hospitals in the county include:

- Parkview Regional Hospital, Mexia. Investor-Owned Corporation Life Point 58 Beds 12 miles from Groesbeck

TOP SURVEY RESPONSES

Of the 154 LMC service area residents who completed the survey indicated the following top three concerns: (see appendix C for survey tool)

Q1. Community/Environmental Health-

1. Not enough jobs with livable wages(N=73)
2. Not enough affordable housing(N=65)
3. Having enough daycare services (N=52)

Q2. Availability/Delivery of health services-

1. Not enough evening or weekend hours (N=46),
2. Not enough specialists (N=46),
3. Availability of mental health services (N=41).

- Q3. Youth Population Concerns-
1. Drug use and abuse (N=87)
 2. Depression/anxiety (N=66)
 3. Not enough activities(N=62)
- Q4. Adult Population Concerns-
1. Drug use and abuse (N=64)
 2. Depression/anxiety (N=52)
 3. Obesity/Overweight(N=43)
- Q5. Senior Population Concerns-
1. Availability of resources to help elderly stay in their homes (N=66)
 2. Assisted living options (N=59)
 3. Quality of elder care (N=53)
- Q6. Concerns about Violence
1. Bullying/cyber-bullying (N=87)
 2. Child abuse or neglect (N=78)
 3. Emotional abuse (N=61)
- Q8. The majority of respondents receive their care in Limestone County
- Q9. Obstacles to receiving healthcare
1. No insurance or limited insurance (N=88)
 2. No transportation (N=51)
 3. Not affordable (N=44)
- Q10. The majority of respondents get their health information from their primary care provider
- Q11. Where people find out about local health services available-
1. Word of mouth (N=76)
 2. Healthcare Professionals (N=64)
 3. Social Media (N=49)
- Q13. Capital Improvements
1. Addition of mammography(N=93)
 2. Expansion of PT/OT/ST & Wound Care department(N=70)

OPEN ENDED RESPONSES

- Q7. The biggest challenges facing our community based on responses (N=89):
1. Lack of activities for youth and elderly (N=12)
 2. Drugs(N=11)
 3. Lack of available jobs(N=10)
- Q12. Healthcare services needed to be added locally. (N=77)

1. Specialists (N=21)
2. Mental Health Services (N=14)
3. Dialysis (N=5)

Q21. Concerns and suggestions. (N=36)

There were a variety of suggestions but the one thing that stands out is the need for more availability of providers, PCP and Specialists.

SURVEY

A survey was distributed to solicit feedback from the community and was not intended to be a scientific or statistically valid sampling of the population. It was designed to be an additional tool for collecting qualitative data from the community at large – specifically, information related to community-perceived health needs. A copy of the survey instrument is included in Appendix A and a full listing of direct responses provided for the questions that included “Other” as an option. The community member survey was distributed to in various ways including handing out at our LMC Healthfair, taken to local Senior Community Center and posting link online and on social media.

The survey tool was designed to:

- Learn of the good things in the community and the community’s concerns;
- Understand perceptions and attitudes about the health of the community and hear suggestions for improvement; and
- Learn more about how local health services are used by residents.

Specifically, the survey covered the following topics:

- Broad areas of community and health concerns;
- Awareness of local health services;
- Barriers to using local healthcare;
- Basic demographic information;
- Suggestions to improve the delivery of local healthcare; and
- Suggestions for capital improvements.

INTERVIEWS WITH COMMUNITY MEMBERS

On 5/10/2022 we met with Emily Fisher, the Texas Agri-life Extension program for Limestone County. She informed us about many programs the have to offer. She had various training programs about tobacco cessation, dangers of vaping, etc. She is available to schedule these sessions upon request.

On 5/10/22 we also met with the Limestone County Emergency Management coordinator Matt Groveton. Mr. Groveton had many complements for Limestone Medical Center. He said is a “fantastic hometown hospital, always professional and nice”. We discussed the problem of getting information out to the public.

On 5/25/2022 we met with Limestone County Judge Richard Duncan. Judge Duncan also had praise for the healthcare available in Limestone County. We are fortunate to have two hospitals

in our county to take care of our community. We spoke about the issue of poverty and food insecurity. He told me to try the Texas state wide 211 phone number for all resources in the community including food pantries, child care options and housing. Judge Duncan also informed us that he is excited that we are getting about 18 new cell towers in the county thought funding from the state. This will help with cell and internet reception throughout the county.

RESEARCH AND FINDINGS

RESOURCES

One of the primary concerns of community members surveyed and interviewed was lack of available resources. We discovered that there are many resources available there is just lack of awareness. To find out some of the resources available I called 211 and received some great information about services available to Limestone County residents. Here are a few examples:

1. LIMESTONE COUNTY FOOD PANTRIES

Fishes & Loaves (254) 729-5200 303 W. Navasota, Groesbeck Wed. 9:00 a.m. – 12:00 p.m.

Mexia Caritas (254) 562-6687 216 E. Commerce, Mexia 1st Tue. 10:00 a.m. – 12:00 p.m.
3rd Tue. 4:00 p.m. – 6:00 p.m.

Mexia Community (CTFB) 901 N. Dr. MLK Jr. Hwy 3rd Wed. 10:30 a.m. – 11:30 a.m.

Kosse Community (CTFB) 200 W. Adams, Kosse 1st Fri. 10:00 a.m. – 11:00 a.m.

Groesbeck Community (CTFB) 193 LCR 412, Groesbeck 1st Wed. 10:00 a.m. – 11:00 a.m.

2. Rural Public Transportation offered by Heart of Texas Council of Governments

Description: Provides rural transportation to those in need in Bosque, Falls, Freestone, Hill, Limestone, and Freestone counties. McLennan County transportation services are provided by Waco Transit.

Hours of operation at program: Mon - Fri 6:00 am - 6:00 pm

3. Community Services offered by Economic Opportunities Advancement Corporation (EOAC)

Description: Provides utility assistance for qualified applicants through the Comprehensive Energy Assistance Program (CEAP), including help with Atmos Energy gas bills, propane, and electric bills. Provides motel and housing for victims of disasters. Provides assistance with water bills through the LIHWAP water program. Application is the same as for the CEAP program.

NOTE: Water must be disconnected or household must have received a disconnect notice to qualify. Applications are available (and accepted) in the EOAC vestibule. A copier is also stationed there for copying documentation. Application is also available online

at: <https://form.jotform.com/212283914630149>. ATMOS GAS ASSISTANCE: EOAC will be at the Hispanic Chamber of Commerce, 915 LaSalle Ave, on June 15th, 2022 from 9:00 am - 3:00 pm. May be able to cover past due bills, deposits, and service charges. Must bring photo ID and copy of bill and/or account number. Bill must be in applicant's name. First-come, first-served. NO FUNDS FOR RENT ASSISTANCE AT THIS TIME, EXCEPT FOR MCLENNAN COUNTY.

Hours of operation at program: Mon - Thurs 8:00 am - 4:00 pm

Website: www.eoacwaco.org

4. Emergency Assistance offered by Caritas of Waco

Description: Provides direct aid for emergency needs such as -clothing, -food, -TXU, Ambit, Tri-Eagle, and Reliant electricity (only), -transportation (only with case management.) -Prescription medicine help, only if funding is available, and not all types of prescriptions can be covered.

Diapers, toiletries, and feminine hygiene products when inventory is available. Fans available beginning 5/31/2022 Food assistance will be walk-in only. No appointment necessary. Hours are now 8:30 a.m. – 11:00 a.m. and 1:00 p.m. – 2:45 p.m. Clients should park in the spaces along Mary Avenue and enter through the door marked “Client Entrance.” ONE person per household. Photo ID is required. Waiting rooms are limited to 25 people. Senior boxes are available during food pantry hours on any day. There is no "Seniors Only" day at this time. Case Management is by appointment only. Janie Ramon, 254-753-4593 x226 Utility Assistance (TXU, Ambit, Tri-Eagle, and Reliant) (for all 6 counties) is by phone only. 254-753-4593

Website: <https://www.caritas-waco.org/> Email: info@caritas-waco.org

Hours of operation at program: Mon - Fri 8:30 am - 11:00 am and 1:00 pm - 3:00 pm

These are only a few examples of access to assistance available. If you need further assistance please do not hesitate to call 2-1-1, Option 1. You can also reach them toll-free at 877-541-7905. They are available 24 hours a day, 7 days a week, 365 days a year. Call anywhere from Texas.

Help is also available via the web 24/7. Visit www.211texas.org to search for resources in your local community.

ACTIVITIES

Another concern of the citizens was lack of activities in the community. This too was found to be more of a lack of knowledge of activities available. Limestone County has many community activities available including:

- Senior Citizens Center in Groesbeck – Activities for seniors including Bingo
- Limestone County Senior Services in Mexia- Activities for seniors including Bingo
- Kosse Community Center in Kosse - Bingo at 6:00PM twice a month hosted by the Kosse Volunteer Fire Dept and the Kosse Heritage Society.
- Mary Helen Nance Community Center in Thornton- Activities for seniors including Bingo
- Maffett Memorial Public Library in Groesbeck
- Groesbeck Park
- Groesbeck Sports Complex
- Groesbeck Public swimming pool
- Texas A&M AgriLife Extension services offers many education courses to the community. Emily Fisher is the Director. She takes education centers on various topics such as Tobacco and Vaping cessation and awareness classes to the Mexia, Groesbeck and area school and senior citizen centers upon request. She has education courses available on 100s of topics including suicide prevention and depression awareness. She is a valuable resource the entire Limestone County Community.
- Fort Parker State Park has many activities for all ages and the Ranger programs offers monthly events.

CONCLUSION

The citizens of Limestone County are very satisfied with the health care available in our community. Limestone Medical Center is “fantastic” hospital offering a wide variety of services.

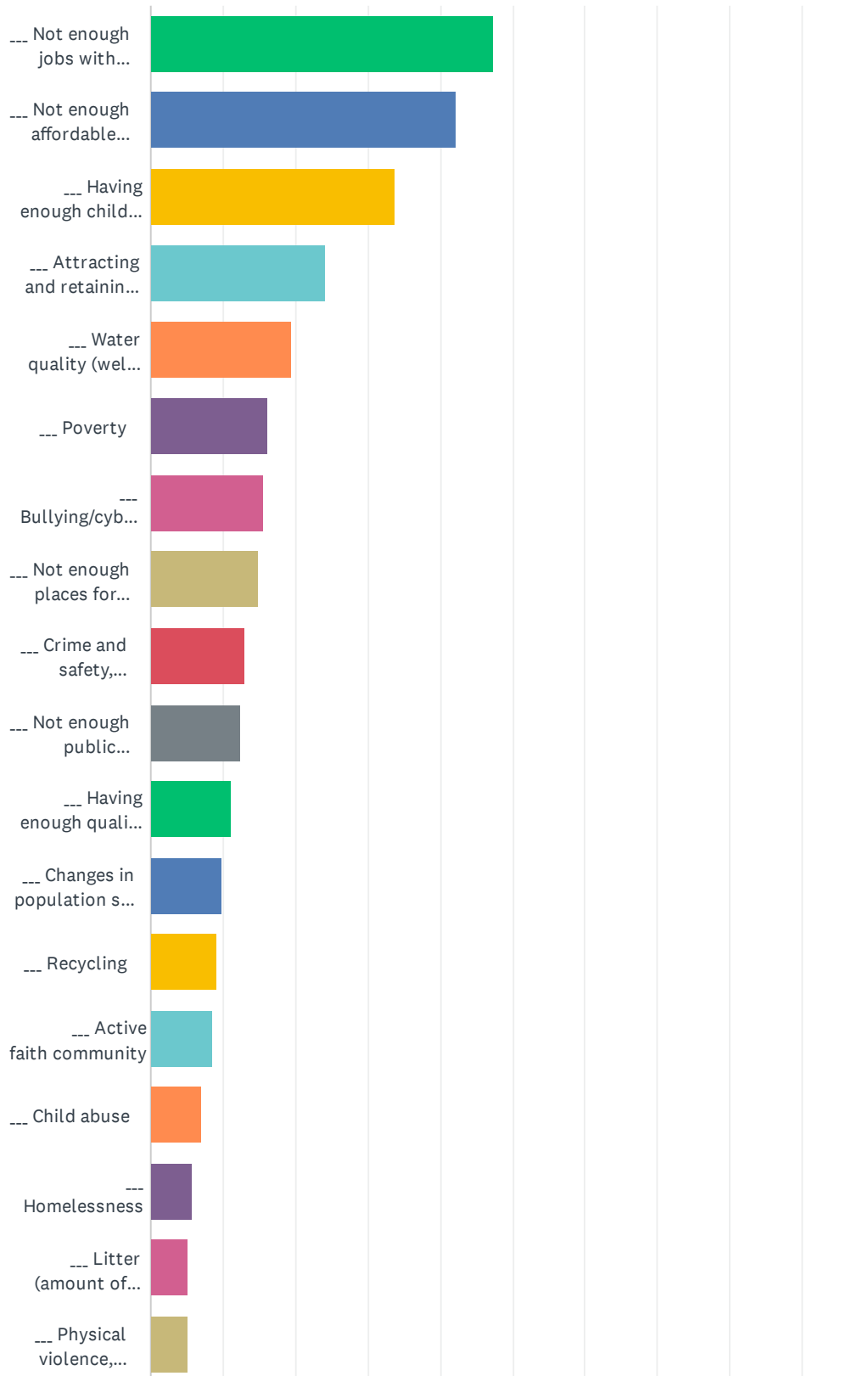
There is a need for more specialists and a primary care physician. There is also a need for increasing awareness of the services that are available and the hospital and throughout Limestone County. We live in a high poverty area with a high elderly population but there are many resources available. Increasing awareness of these services is our goal.

Recommended Action

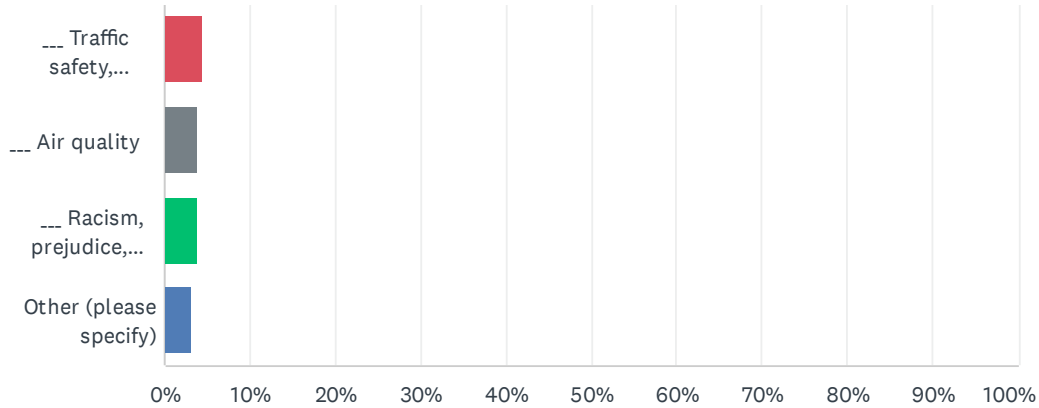
1. Implement Food security questions in all clinics. If needed recommend resources.
2. Expand Chronic Care Management programs to Family Medicine Center.
3. Dialysis Center coming soon.
4. Kleen Air expansion will add extra jobs.
5. Actively recruiting for new primary care physician
6. Distribute Senior Citizens events in clinic and to providers at monthly clinic meeting
7. LMC Community Health Awareness month – hand out packets that contain all community health resources.

Q1 Considering the COMMUNITY /ENVIRONMENTAL HEALTH in your community, concerns are (choose up to THREE):

Answered: 154 Skipped: 2



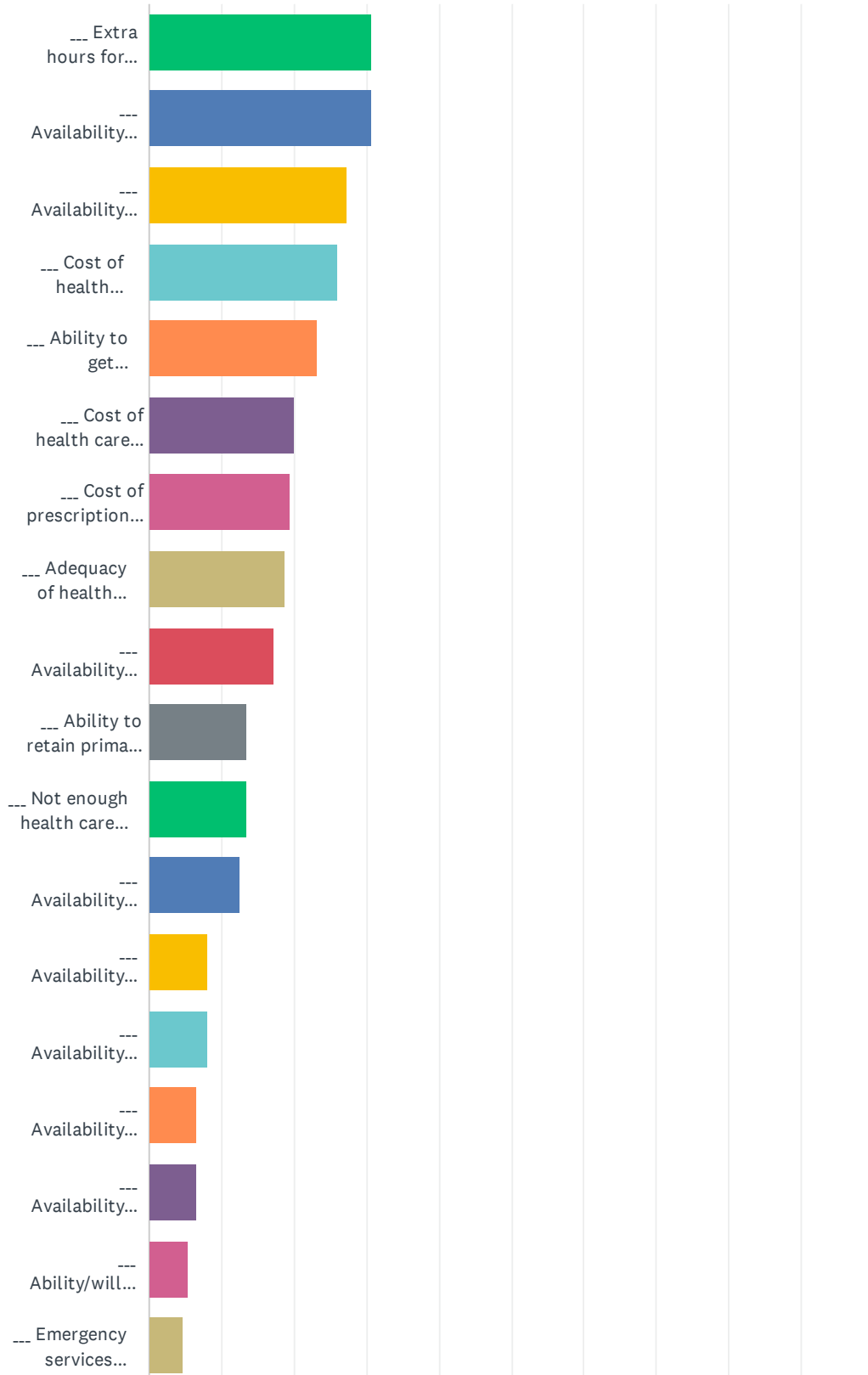
Community Health Needs Assessment 2022 LMC



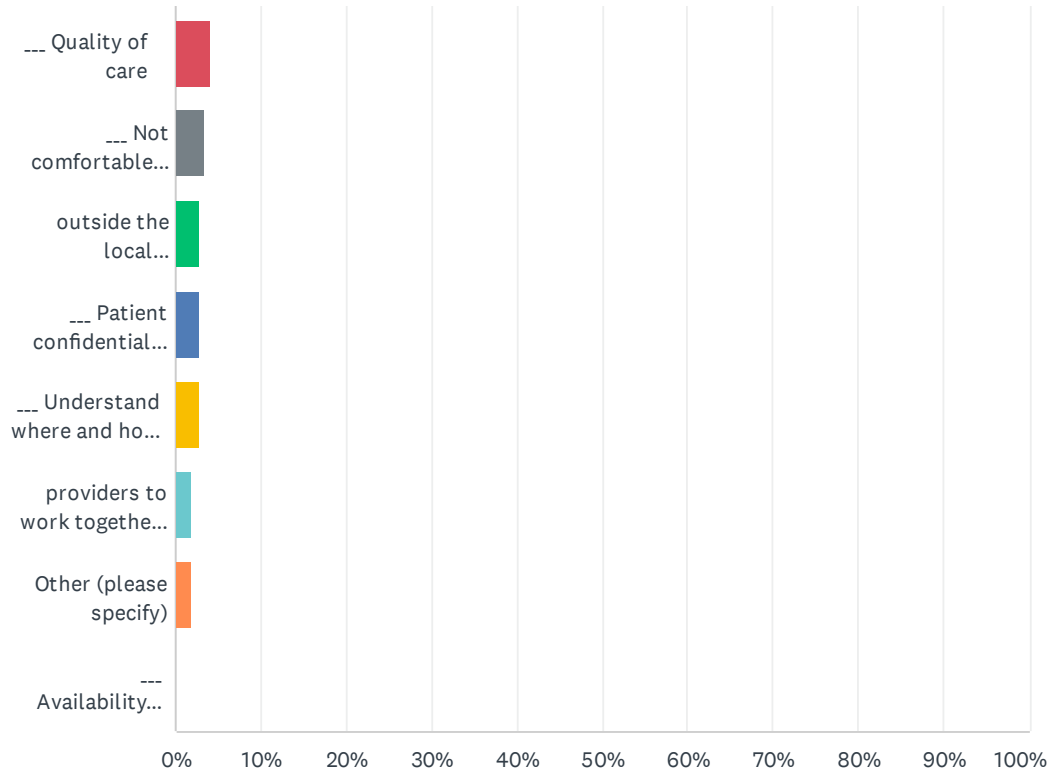
ANSWER CHOICES	RESPONSES	
___ Not enough jobs with livable wages, not enough to live on	47.40%	73
___ Not enough affordable housing	42.21%	65
___ Having enough child daycare services	33.77%	52
___ Attracting and retaining young families	24.03%	37
___ Water quality (well water, lakes, streams, rivers)	19.48%	30
___ Poverty	16.23%	25
___ Bullying/cyber-bullying	15.58%	24
___ Not enough places for exercise and wellness activities	14.94%	23
___ Crime and safety, adequate law enforcement personnel	12.99%	20
___ Not enough public transportation options, cost of public transportation	12.34%	19
___ Having enough quality school resources	11.04%	17
___ Changes in population size (increasing or decreasing)	9.74%	15
___ Recycling	9.09%	14
___ Active faith community	8.44%	13
___ Child abuse	7.14%	11
___ Homelessness	5.84%	9
___ Litter (amount of litter, adequate garbage collection)	5.19%	8
___ Physical violence, domestic violence, sexual abuse	5.19%	8
___ Traffic safety, including speeding, road safety, seatbelt use, and drunk/distracted driving	4.55%	7
___ Air quality	3.90%	6
___ Racism, prejudice, hate, discrimination	3.90%	6
Other (please specify)	3.25%	5
Total Respondents: 154		

Q2 Considering the AVAILABILITY/DELIVERY OF HEALTH SERVICES in your community, concerns are (choose up to THREE):

Answered: 150 Skipped: 6



Community Health Needs Assessment 2022 LMC

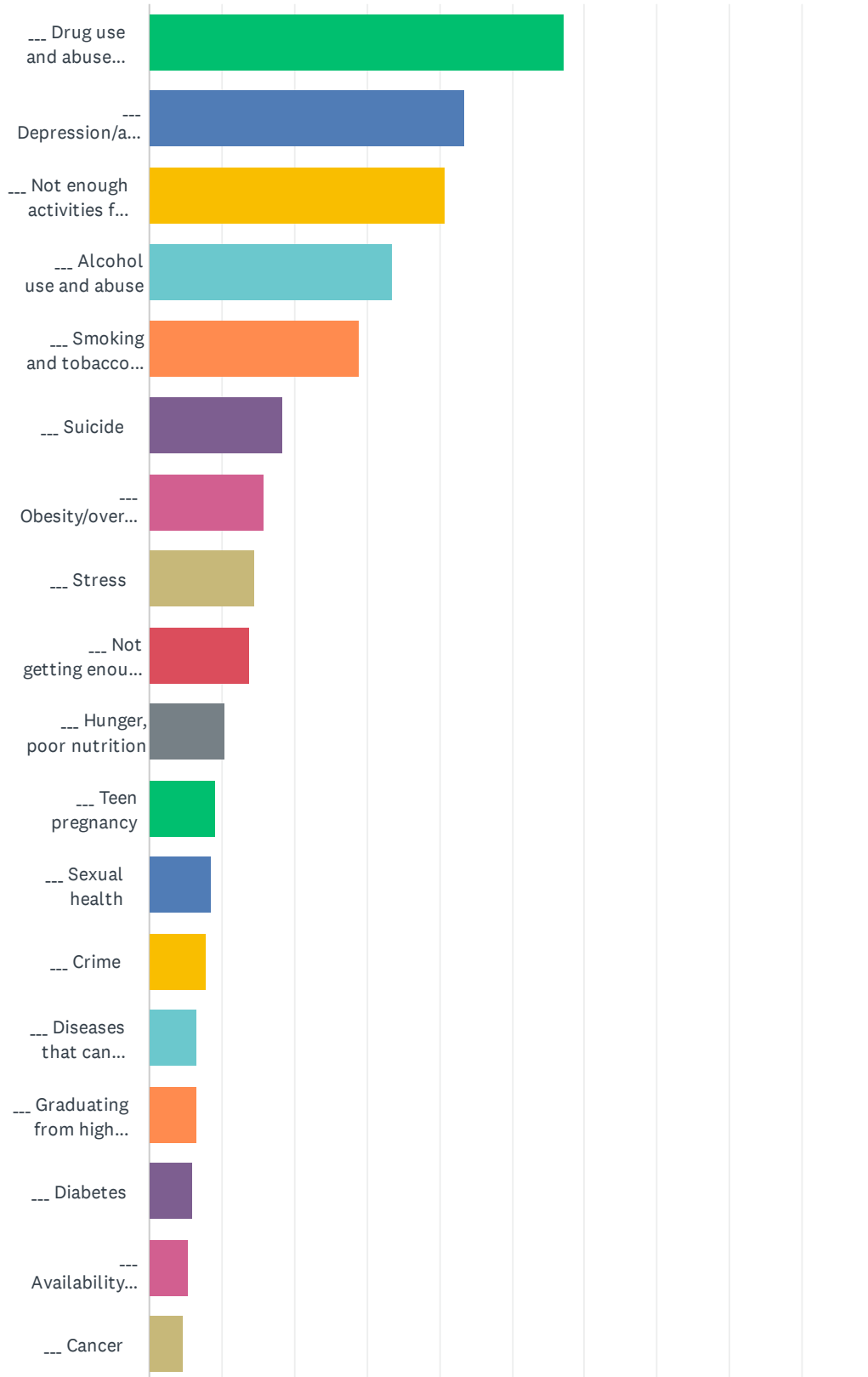


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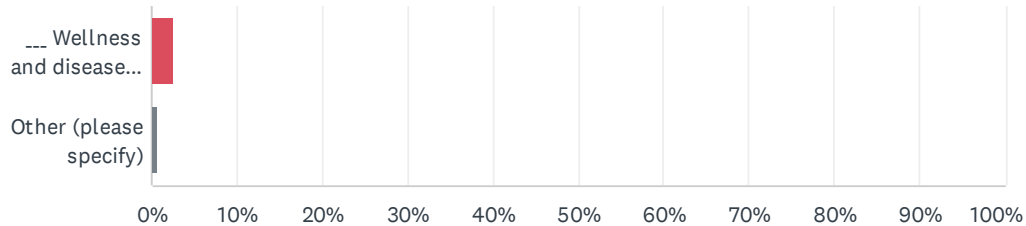
ANSWER CHOICES	RESPONSES	
___ Extra hours for appointments, such as evenings and weekends	30.67%	46
___ Availability of specialists	30.67%	46
___ Availability of mental health services	27.33%	41
___ Cost of health insurance	26.00%	39
___ Ability to get appointments for health services within 48 hours.	23.33%	35
___ Cost of health care services	20.00%	30
___ Cost of prescription drugs	19.33%	29
___ Adequacy of health insurance (concerns about out-of pocket costs)	18.67%	28
___ Availability of primary care providers (MD,DO,NP,PA) and nurses	17.33%	26
___ Ability to retain primary care providers (MD,DO,NP,PA) and nurses in the community	13.33%	20
___ Not enough health care staff in general	13.33%	20
___ Availability of substance use disorder/treatment services	12.67%	19
___ Availability of wellness and disease prevention services	8.00%	12
___ Availability of dental care	8.00%	12
___ Availability of public health professionals	6.67%	10
___ Availability of vision care	6.67%	10
___ Ability/willingness of healthcare providers to work together to coordinate patient care	5.33%	8
___ Emergency services (ambulance & 911) available 24/7 Ability/willingness of healthcare	4.67%	7
___ Quality of care	4.00%	6
___ Not comfortable seeking care where I know the employees at the facility on a personal level	3.33%	5
outside the local community.	2.67%	4
___ Patient confidentiality (inappropriate sharing of personal health information)	2.67%	4
___ Understand where and how to get health insurance	2.67%	4
providers to work together to coordinate patient care within the health system.	2.00%	3
Other (please specify)	2.00%	3
___ Availability of hospice	0.00%	0
Total Respondents: 150		

Q3 Considering the YOUTH POPULATION in your community, concerns are (choose up to THREE):

Answered: 152 Skipped: 4



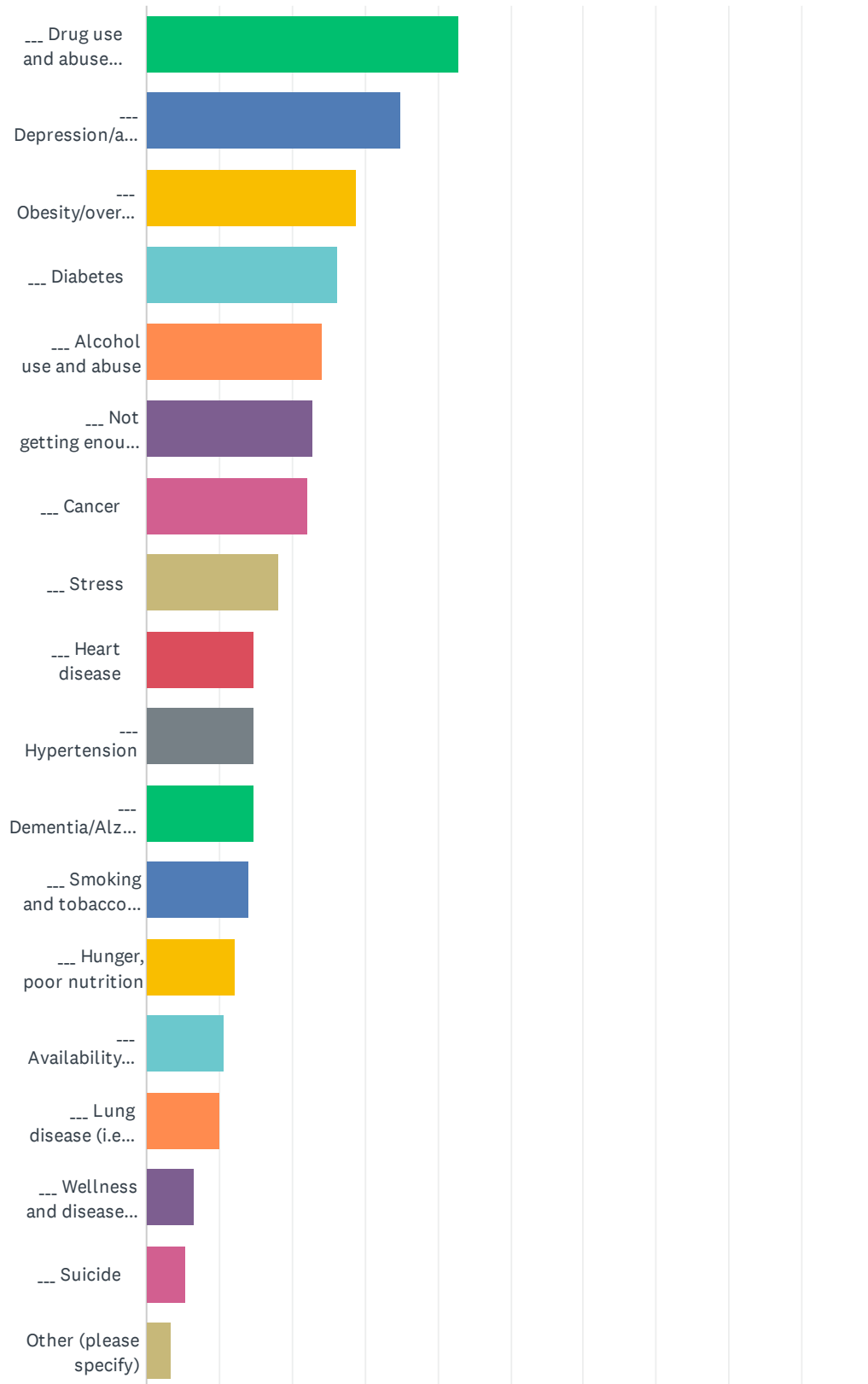
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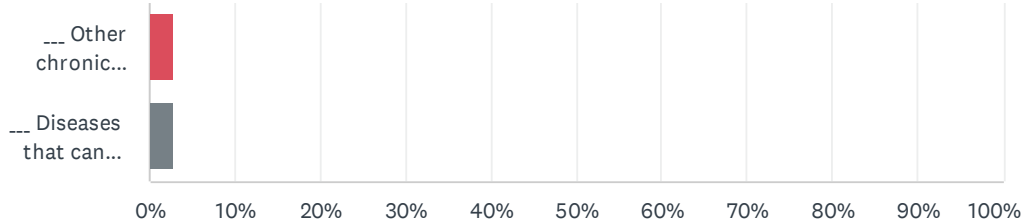
ANSWER CHOICES	RESPONSES	
___ Drug use and abuse (including prescription drug abuse)	57.24%	87
___ Depression/anxiety	43.42%	66
___ Not enough activities for children and youth	40.79%	62
___ Alcohol use and abuse	33.55%	51
___ Smoking and tobacco use, exposure to second-hand smoke, or vaping/juuling	28.95%	44
___ Suicide	18.42%	28
___ Obesity/overweight	15.79%	24
___ Stress	14.47%	22
___ Not getting enough exercise/physical activity	13.82%	21
___ Hunger, poor nutrition	10.53%	16
___ Teen pregnancy	9.21%	14
___ Sexual health	8.55%	13
___ Crime	7.89%	12
___ Diseases that can spread, such as sexually transmitted diseases or AIDS	6.58%	10
___ Graduating from high school	6.58%	10
___ Diabetes	5.92%	9
___ Availability of disability services	5.26%	8
___ Cancer	4.61%	7
___ Wellness and disease prevention, including vaccine preventable diseases	2.63%	4
Other (please specify)	0.66%	1
Total Respondents: 152		

Q4 Considering the ADULT POPULATION in your community, concerns are (choose up to THREE):

Answered: 149 Skipped: 7



Community Health Needs Assessment 2022 LMC

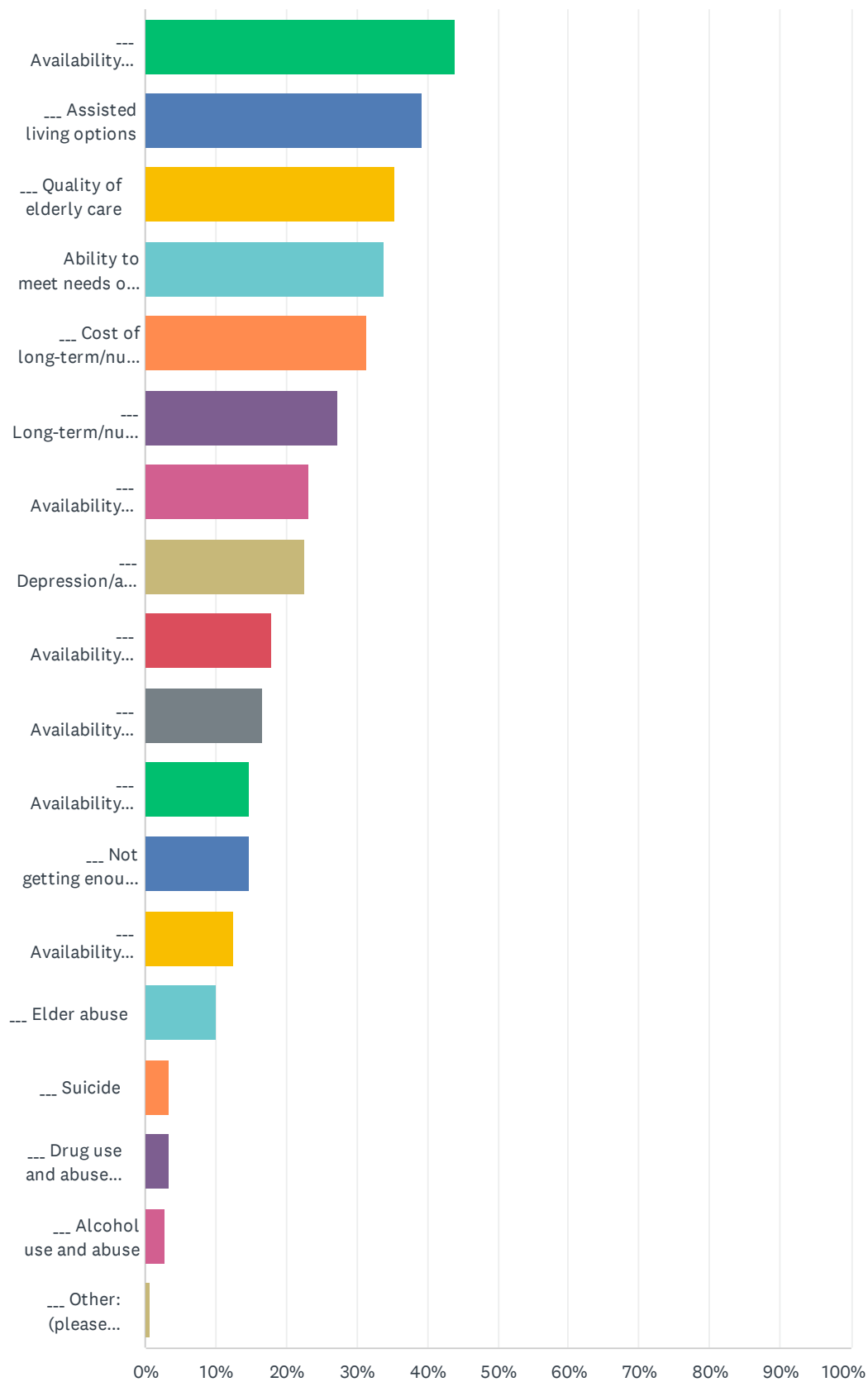


ANSWER CHOICES	RESPONSES	
___ Drug use and abuse (including prescription drug abuse)	42.95%	64
___ Depression/anxiety	34.90%	52
___ Obesity/overweight	28.86%	43
___ Diabetes	26.17%	39
___ Alcohol use and abuse	24.16%	36
___ Not getting enough exercise/physical activity	22.82%	34
___ Cancer	22.15%	33
___ Stress	18.12%	27
___ Heart disease	14.77%	22
___ Hypertension	14.77%	22
___ Dementia/Alzheimer's disease	14.77%	22
___ Smoking and tobacco use, exposure to second-hand smoke	14.09%	21
___ Hunger, poor nutrition	12.08%	18
___ Availability of disability services	10.74%	16
___ Lung disease (i.e. emphysema, COPD, asthma)	10.07%	15
___ Wellness and disease prevention, including vaccine preventable diseases	6.71%	10
___ Suicide	5.37%	8
Other (please specify)	3.36%	5
___ Other chronic diseases: _____	2.68%	4
___ Diseases that can spread, such as sexually transmitted diseases or AIDS	2.68%	4
Total Respondents: 149		

Q5 Considering the SENIOR POPULATION in your community, concerns are (choose up to THREE):

Answered: 150 Skipped: 6

Community Health Needs Assessment 2022 LMC

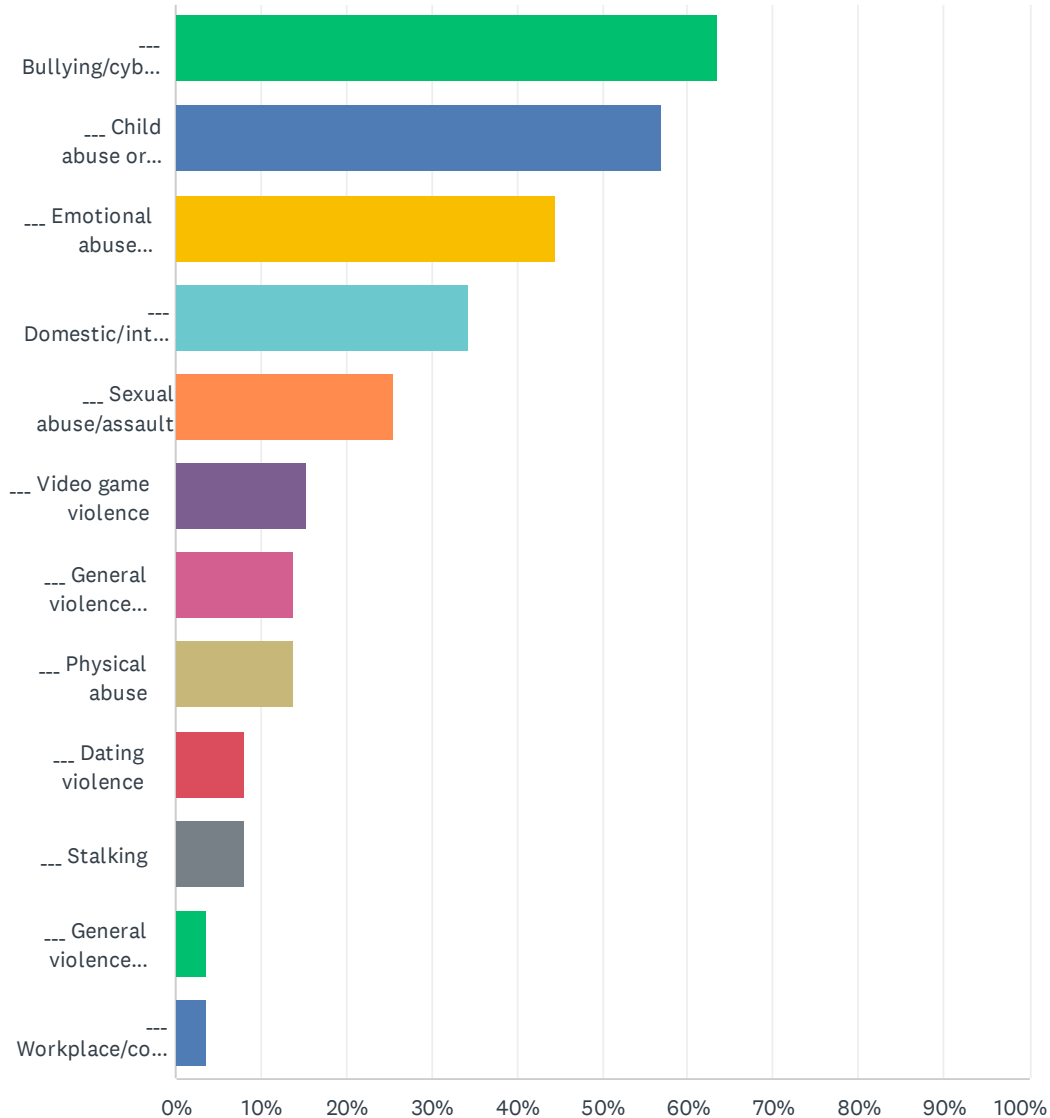


Community Health Needs Assessment 2022 LMC

ANSWER CHOICES	RESPONSES	
___ Availability of resources to help the elderly stay in their homes	44.00%	66
___ Assisted living options	39.33%	59
___ Quality of elderly care	35.33%	53
Ability to meet needs of older population	34.00%	51
___ Cost of long-term/nursing home care	31.33%	47
___ Long-term/nursing home care options	27.33%	41
___ Availability of activities for seniors	23.33%	35
___ Depression/anxiety	22.67%	34
___ Availability of resources for family and friends caring for elders	18.00%	27
___ Availability of transportation for seniors	16.67%	25
___ Availability/cost of activities for seniors	14.67%	22
___ Not getting enough exercise/physical activity	14.67%	22
___ Availability of home health	12.67%	19
___ Elder abuse	10.00%	15
___ Suicide	3.33%	5
___ Drug use and abuse (including prescription drug abuse)	3.33%	5
___ Alcohol use and abuse	2.67%	4
___ Other: (please specify) _____	0.67%	1
Total Respondents: 150		

Q6 Regarding various forms of VIOLENCE in your community, concerns are (choose up to THREE):

Answered: 137 Skipped: 19



Community Health Needs Assessment 2022 LMC

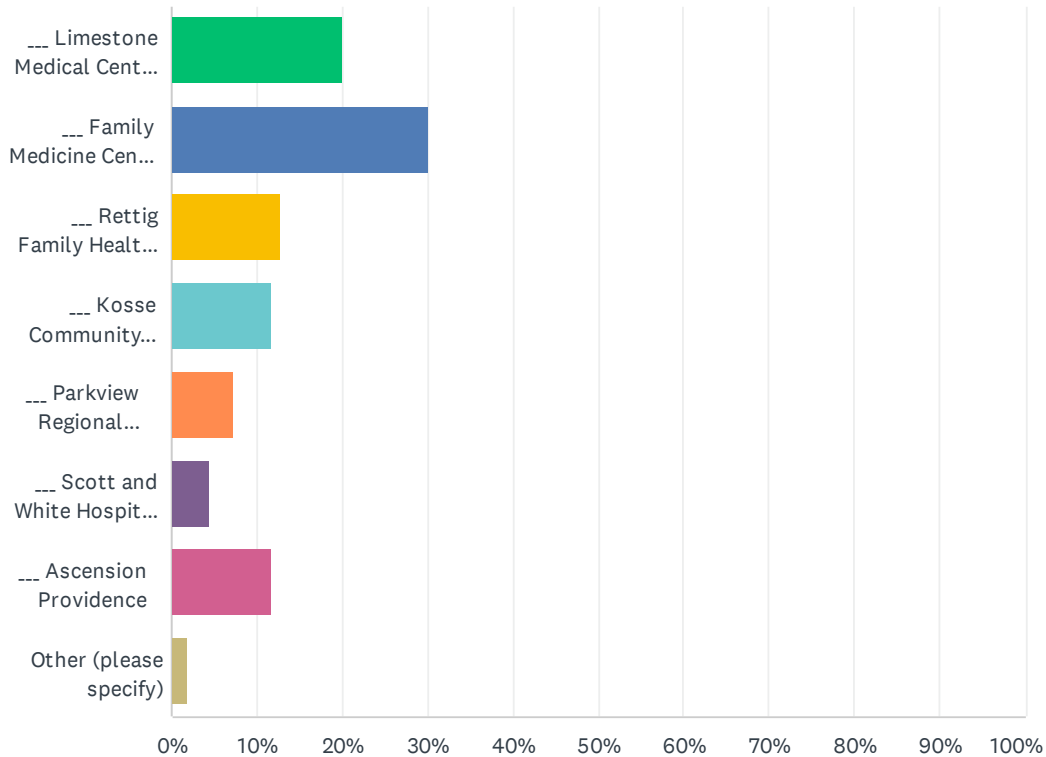
ANSWER CHOICES	RESPONSES	
___ Bullying/cyber-bullying	63.50%	87
___ Child abuse or neglect	56.93%	78
___ Emotional abuse (intimidation, isolation, verbal threats, withholding of funds)	44.53%	61
___ Domestic/intimate partner violence	34.31%	47
___ Sexual abuse/assault	25.55%	35
___ Video game violence	15.33%	21
___ General violence against women	13.87%	19
___ Physical abuse	13.87%	19
___ Dating violence	8.03%	11
___ Stalking	8.03%	11
___ General violence against men	3.65%	5
___ Workplace/co-worker violence	3.65%	5
Total Respondents: 137		

Q7 What single issue do you feel is the biggest challenge facing your community?

Answered: 89 Skipped: 67

Q8 Considering PRIMARY HEALTHCARE, where do you primarily receive your Healthcare: (choose one)

Answered: 110 Skipped: 46

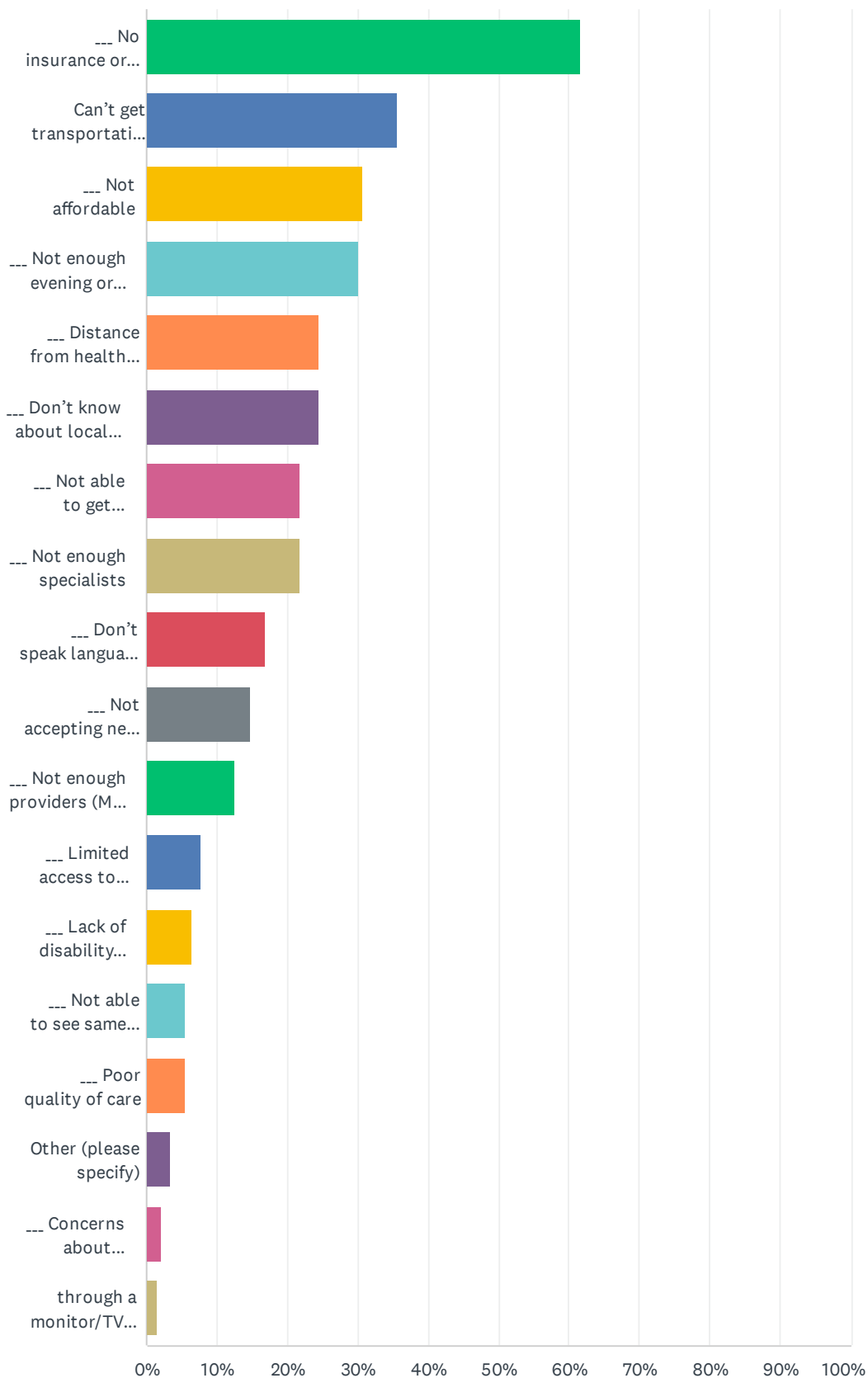


ANSWER CHOICES	RESPONSES	
___ Limestone Medical Center – Hospital	20.00%	22
___ Family Medicine Center - Groesbeck	30.00%	33
___ Rettig Family Health Care- Groesbeck	12.73%	14
___ Kosse Community Health Clinic- Kosse	11.82%	13
___ Parkview Regional Hospital and Clinic- Mexia	7.27%	8
___ Scott and White Hospital and Clinic – Waco/Temple	4.55%	5
___ Ascension Providence	11.82%	13
Other (please specify)	1.82%	2
TOTAL		110

**Q9 What PREVENTS community residents from receiving healthcare?
(Choose ALL that apply)**

Answered: 143 Skipped: 13

Community Health Needs Assessment 2022 LMC

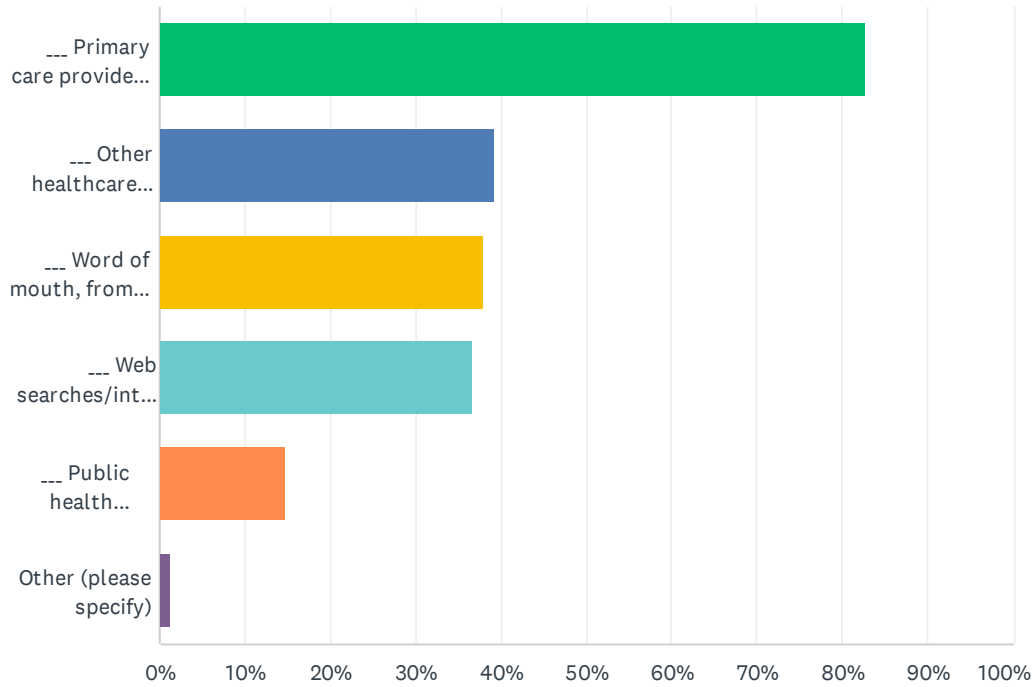


Community Health Needs Assessment 2022 LMC

ANSWER CHOICES	RESPONSES	
<input type="checkbox"/> No insurance or limited insurance	61.54%	88
<input type="checkbox"/> Can't get transportation services	35.66%	51
<input type="checkbox"/> Not affordable	30.77%	44
<input type="checkbox"/> Not enough evening or weekend hours	30.07%	43
<input type="checkbox"/> Distance from health facility	24.48%	35
<input type="checkbox"/> Don't know about local services	24.48%	35
<input type="checkbox"/> Not able to get appointment/limited hours	21.68%	31
<input type="checkbox"/> Not enough specialists	21.68%	31
<input type="checkbox"/> Don't speak language or understand culture	16.78%	24
<input type="checkbox"/> Not accepting new patients	14.69%	21
<input type="checkbox"/> Not enough providers (MD, DO, NP, PA)	12.59%	18
<input type="checkbox"/> Limited access to telehealth technology (patients seen by providers at another facility)	7.69%	11
<input type="checkbox"/> Lack of disability access	6.29%	9
<input type="checkbox"/> Not able to see same provider over time	5.59%	8
<input type="checkbox"/> Poor quality of care	5.59%	8
<input type="checkbox"/> Other (please specify)	3.50%	5
<input type="checkbox"/> Concerns about confidentiality	2.10%	3
<input type="checkbox"/> through a monitor/TV screen)	1.40%	2
Total Respondents: 143		

Q10 Where do you turn for trusted health information? (Choose ALL that apply)

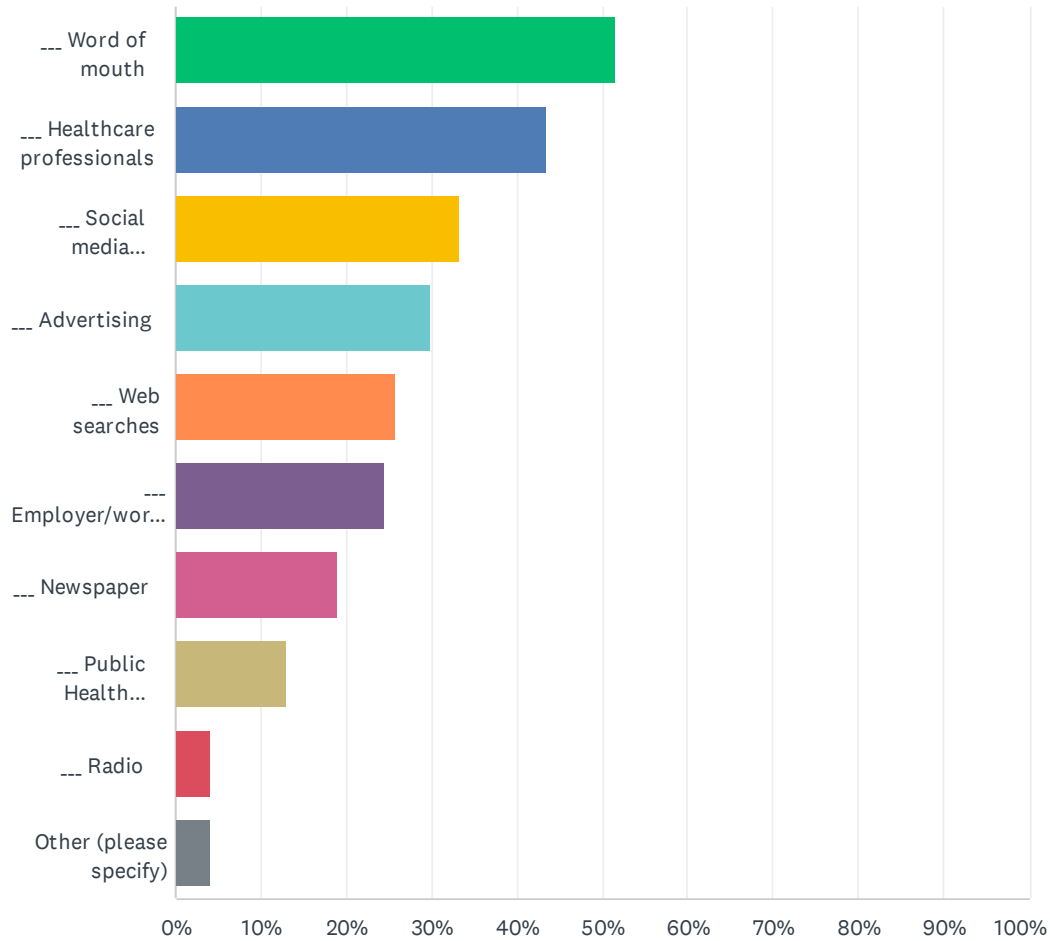
Answered: 150 Skipped: 6



ANSWER CHOICES	RESPONSES	
___ Primary care provider (doctor, nurse practitioner, physician assistant)	82.67%	124
___ Other healthcare professionals (nurses, chiropractors, dentists, etc.)	39.33%	59
___ Word of mouth, from others (friends, neighbors, co-workers, etc.)	38.00%	57
___ Web searches/internet (WebMD, Mayo Clinic, Healthline, etc.)	36.67%	55
___ Public health professional	14.67%	22
Other (please specify)	1.33%	2
Total Respondents: 150		

Q11 Where do you find out about LOCAL HEALTH SERVICES available in your area? (Choose ALL that apply)

Answered: 147 Skipped: 9



Community Health Needs Assessment 2022 LMC

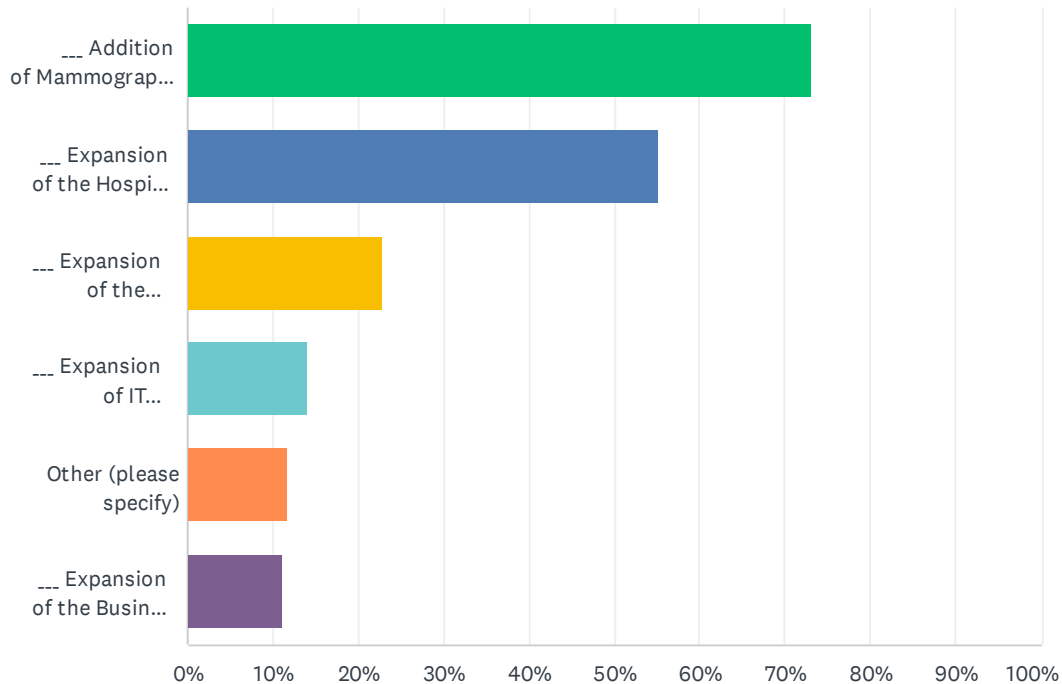
ANSWER CHOICES	RESPONSES	
___ Word of mouth	51.70%	76
___ Healthcare professionals	43.54%	64
___ Social media (Facebook, Twitter, etc.)	33.33%	49
___ Advertising	29.93%	44
___ Web searches	25.85%	38
___ Employer/worksites wellness	24.49%	36
___ Newspaper	19.05%	28
___ Public Health professionals	12.93%	19
___ Radio	4.08%	6
Other (please specify)	4.08%	6
Total Respondents: 147		

Q12 What specific healthcare services, if any, do you think should be added locally?

Answered: 77 Skipped: 79

**Q13 Do you believe individuals in the community would financially support any of the following capital improvements by Limestone Medical Center?
(Choose ALL that apply)**

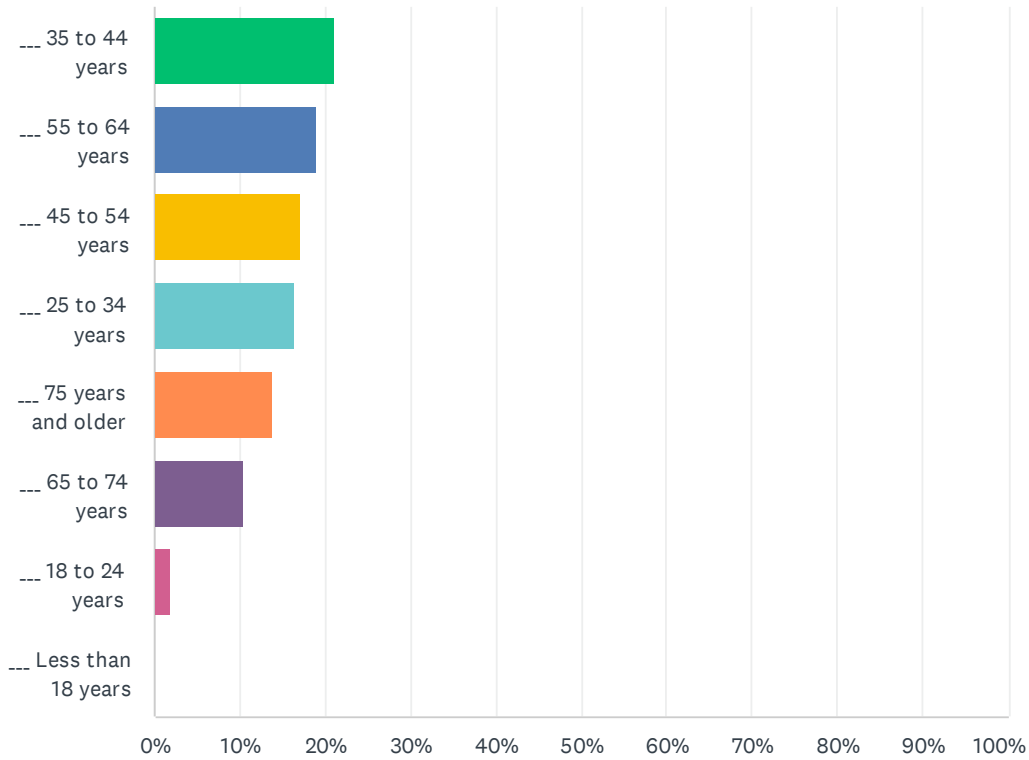
Answered: 127 Skipped: 29



ANSWER CHOICES	RESPONSES	
___ Addition of Mammography services	73.23%	93
___ Expansion of the Hospital Physical Therapy/OT/Speech Departments	55.12%	70
___ Expansion of the Infection Control Departments)	22.83%	29
___ Expansion of IT Department	14.17%	18
Other (please specify)	11.81%	15
___ Expansion of the Business Offices	11.02%	14
Total Respondents: 127		

Q14 Age:

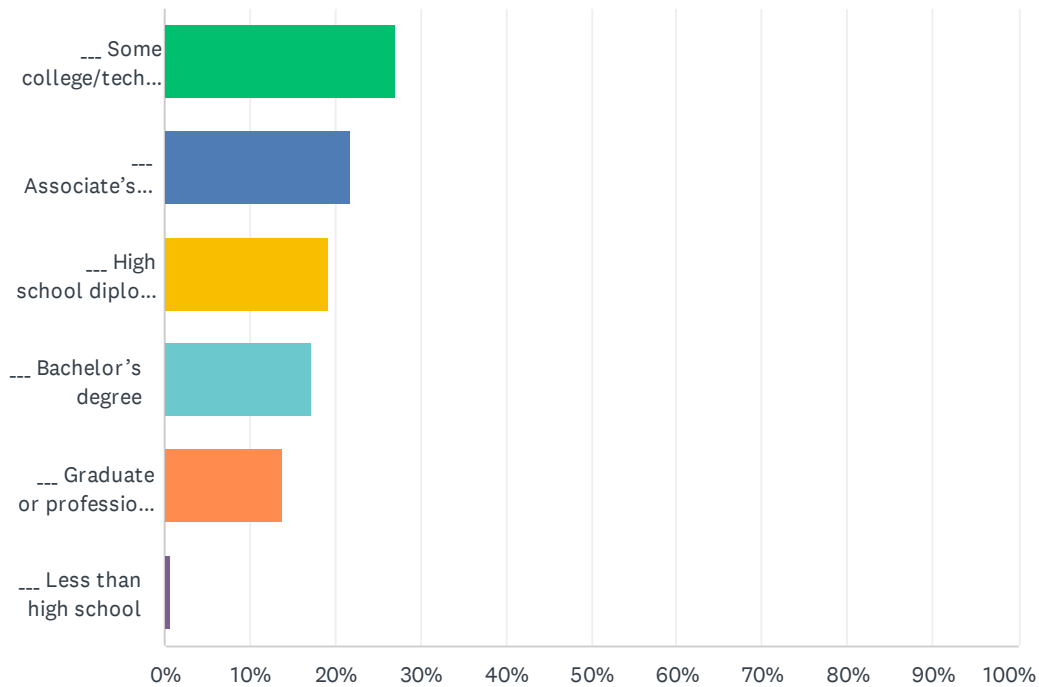
Answered: 152 Skipped: 4



ANSWER CHOICES	RESPONSES	
___ 35 to 44 years	21.05%	32
___ 55 to 64 years	19.08%	29
___ 45 to 54 years	17.11%	26
___ 25 to 34 years	16.45%	25
___ 75 years and older	13.82%	21
___ 65 to 74 years	10.53%	16
___ 18 to 24 years	1.97%	3
___ Less than 18 years	0.00%	0
TOTAL		152

Q15 Highest level of education:

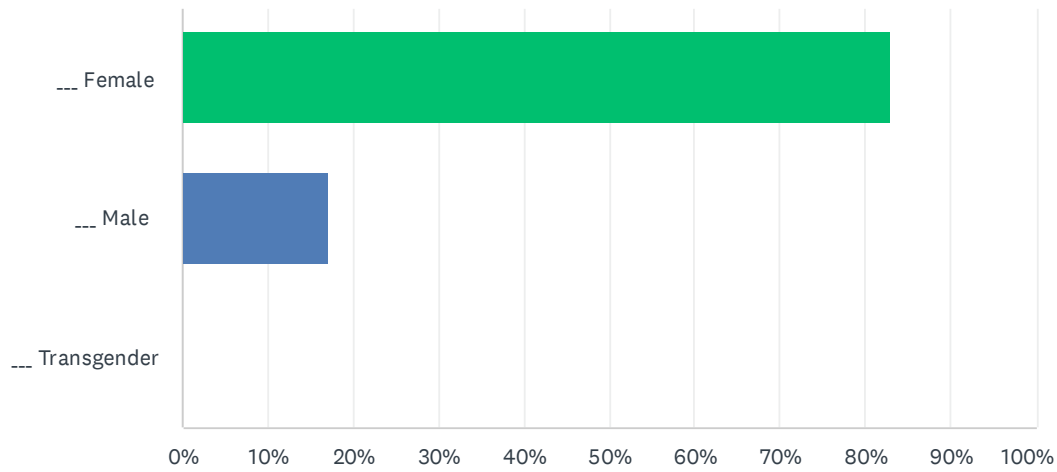
Answered: 151 Skipped: 5



ANSWER CHOICES	RESPONSES	
___ Some college/technical degree	27.15%	41
___ Associate's degree	21.85%	33
___ High school diploma or GED	19.21%	29
___ Bachelor's degree	17.22%	26
___ Graduate or professional degree	13.91%	21
___ Less than high school	0.66%	1
TOTAL		151

Q16 Gender:

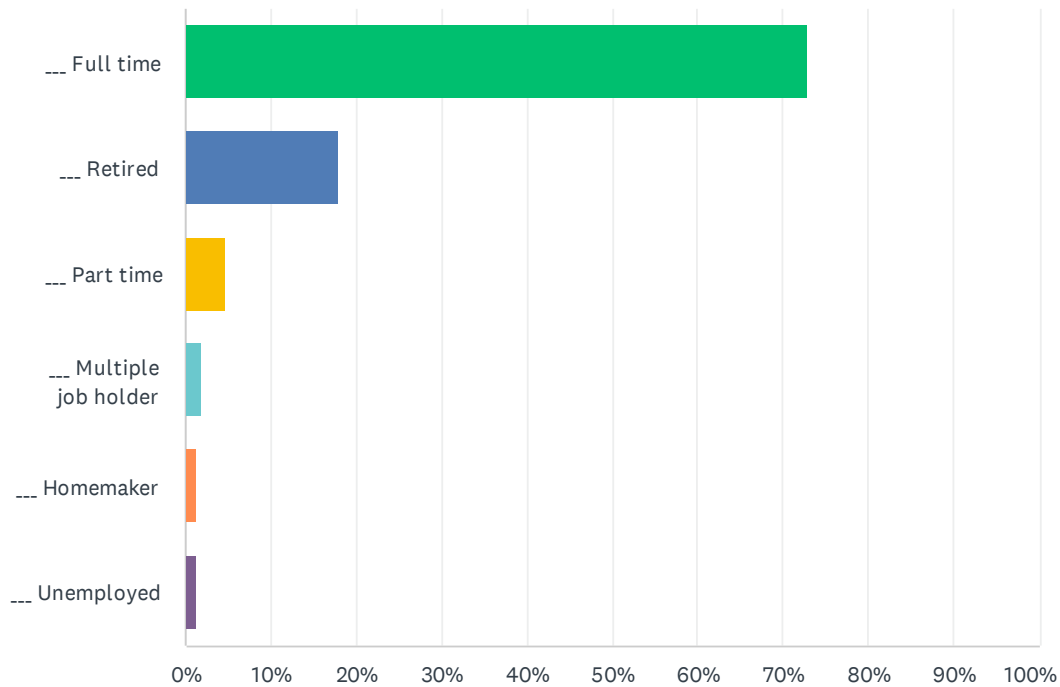
Answered: 152 Skipped: 4



ANSWER CHOICES	RESPONSES	
___ Female	82.89%	126
___ Male	17.11%	26
___ Transgender	0.00%	0
TOTAL		152

Q17 Employment status:

Answered: 151 Skipped: 5



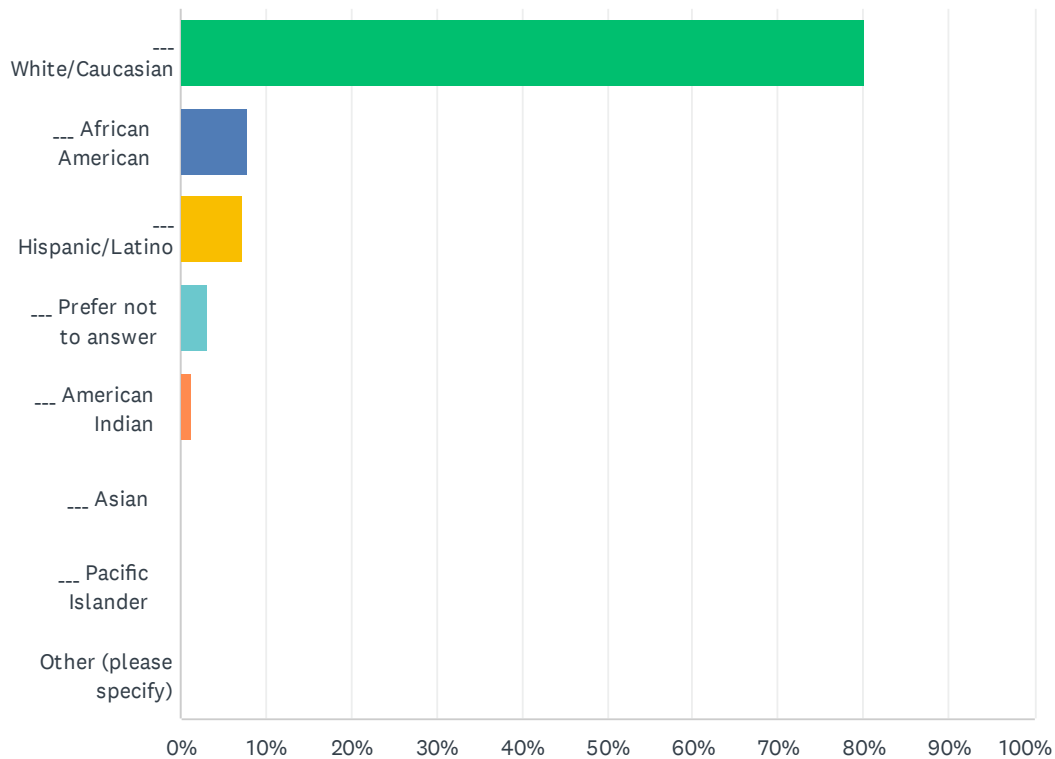
ANSWER CHOICES	RESPONSES	
___ Full time	72.85%	110
___ Retired	17.88%	27
___ Part time	4.64%	7
___ Multiple job holder	1.99%	3
___ Homemaker	1.32%	2
___ Unemployed	1.32%	2
TOTAL		151

Q18 Your zip code:

Answered: 142 Skipped: 14

Q19 Race/Ethnicity (choose ALL that apply):

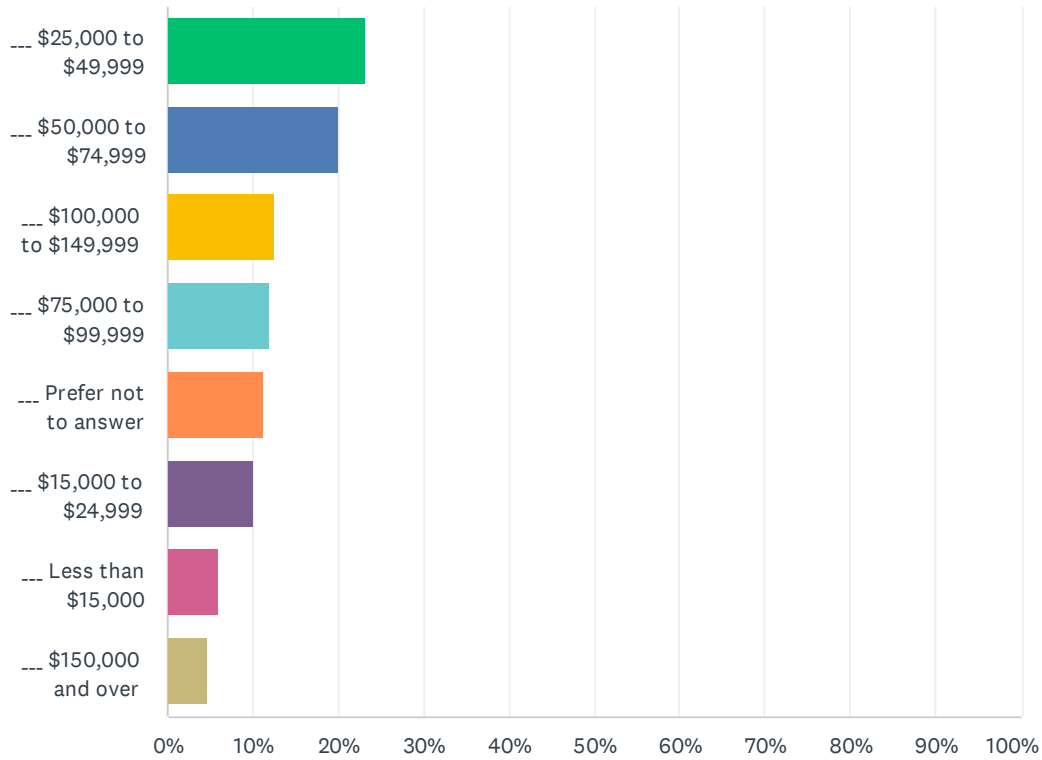
Answered: 152 Skipped: 4



ANSWER CHOICES	RESPONSES	
___ White/Caucasian	80.26%	122
___ African American	7.89%	12
___ Hispanic/Latino	7.24%	11
___ Prefer not to answer	3.29%	5
___ American Indian	1.32%	2
___ Asian	0.00%	0
___ Pacific Islander	0.00%	0
Other (please specify)	0.00%	0
TOTAL		152

Q20 Income

Answered: 150 Skipped: 6



ANSWER CHOICES	RESPONSES	
___ \$25,000 to \$49,999	23.33%	35
___ \$50,000 to \$74,999	20.00%	30
___ \$100,000 to \$149,999	12.67%	19
___ \$75,000 to \$99,999	12.00%	18
___ Prefer not to answer	11.33%	17
___ \$15,000 to \$24,999	10.00%	15
___ Less than \$15,000	6.00%	9
___ \$150,000 and over	4.67%	7
TOTAL		150

Q21 Overall, please share concerns and suggestions to improve the delivery of local healthcare.

Answered: 36 Skipped: 120

Location

Limestone County, TX

Standard Report - Quick Facts

Demographics

Data Indicator	Indicator Variable	Location Summary	Texas
Total Population	Total Population	23,417	28,260,856
	Total Land Area (Square Miles)	905.43	261,249.64
	Population Density (Per Square Mile)	26	108
Total Population Change, 2010 - 2020	Total Population, 2010 Census	23,384	25,145,557
	Total Population, 2020 Census	22,146	29,145,505
	Population Change, 2010-2020	-1,238	3,999,948
	Population Change, 2010-2020, Percent	-5.29%	15.91%
Urban and Rural Population	Total Population	23,384	25,145,561
	Urban Population	10,846	21,298,039
	Rural Population	12,538	3,847,522
	Urban Population, Percent	46.38%	84.70%
	Rural Population, Percent	53.62%	15.30%
Median Age	Total Population	23,417	28,260,856
	Median Age	39.9	34.6
Population Under Age 18	Total Population	23,417	28,260,856
	Population Age 0-17	5,274	7,338,445
	Population Age 0-17, Percent	22.52%	25.97%
Population Age 18-64	Total Population	23,417	28,260,856
	Population Age 18-64	13,754	17,459,884
	Population Age 18-64, Percent	58.74%	61.78%
Population Age 65+	Total Population	23,417	28,260,856
	Population Age 65+	4,389	3,462,527
	Population Age 65+, Percent	18.74%	12.25%
Population with Any Disability	Total Population (For Whom Disability Status Is Determined)	22,585	27,792,957
	Population with a Disability	3,805	3,187,623
	Population with a Disability, Percent	16.85%	11.47%
Population with Limited English Proficiency	Population Age 5+	21,949	26,261,053
	Population Age 5+ with Limited English Proficiency	2,065	3,607,255
	Population Age 5+ with Limited English Proficiency, Percent	9.41%	13.74%
Foreign-Born Population	Total Population	23,417	28,260,856
	Naturalized U.S. Citizens	642	1,807,727
	Population Without U.S. Citizenship	1,560	3,006,911
	Total Foreign-Birth Population	2,202	4,814,638
	Foreign-Birth Population, Percent of Total Population	9.40%	17.04%
Citizenship Status	Native	21,070	23,016,964
	Born in a US Territory	73	101,038
	Born Abroad to US Citizens	72	328,216
	Naturalized	642	1,807,727
	Non-Citizen	1,560	3,006,911
	Non-Citizen, Percent	6.66%	10.64%
Veteran Population	Total Population Age 18+	18,143	20,829,050
	Total Veterans	1,517	1,453,450
	Veterans, Percent of Total Population	8.36%	6.98%

Income and Economics

Data Indicator	Indicator Variable	Location Summary	Texas
Employment - Labor Force Participation Rate	Total Population Age 16+	18,664	21,736,238
	Labor Force	9,759	13,962,458
	Labor Force Participation Rate	52.29%	64.24%
Employment - Unemployment Rate	Labor Force	8,612	14,540,775
	Number Employed	8,141	13,855,155
	Number Unemployed	471	685,620
	Unemployment Rate	5.5%	4.7%
Income - Inequality (GINI Index)	Total Households	8,377	9,691,647
	Gini Index Value	0.45	0.48
Income - Median Household Income	Total Households	8,377	9,691,647
	Average Household Income	\$59,351	\$87,260
	Median Household Income	\$44,418	\$61,874
Income - Per Capita Income	Total Population	23,417	28,260,856
	Total Income (\$)	\$529,113,700	\$883,918,600,800
	Per Capita Income (\$)	\$22,595	\$31,277
Poverty - Children Below 100% FPL	Total Population	22,572	27,637,858
	Population Under Age 18	5,200	7,252,934
	Population Under Age 18 in Poverty	1,703	1,516,985
	Percent Population Under Age 18 in Poverty	32.75%	20.92%
Poverty - Children Eligible for Free/Reduced Price Lunch	Total Students	3,675	5,372,806
	Students Eligible for Free or Reduced Price Lunch	2,735	3,233,649
	Students Eligible for Free or Reduced Price Lunch, Percent	74.42%	60.19%
Poverty - Population Below 100% FPL	Total Population	22,572	27,637,858
	Population in Poverty	4,388	4,072,194
	Population in Poverty, Percent	19.44%	14.73%

Education

Data Indicator	Indicator Variable	Location Summary	Texas
Access - Preschool Enrollment (Age 3-4)	Population Age 3-4	539	823,538
	Population Age 3-4 Enrolled in School	208	355,976
	Population Age 3-4 Enrolled in School, Percent	38.59%	43.23%
Attainment - Bachelor's Degree or Higher	Total Population Age 25+	16,201	18,131,554
	Population Age 25+ with Bachelor's Degree or Higher	2,402	5,420,676
	Population Age 25+ with Bachelor's Degree or Higher, Percent	14.83%	29.90%
Attainment - High School Graduation Rate	Adjusted Student Cohort	292	359,757
	Number of Diplomas Issued	262	328,986
	Cohort Graduation Rate	89.7%	91.4%
Attainment - No High School Diploma	Total Population Age 25+	16,201	18,131,554
	Population Age 25+ with No High School Diploma	3,055	2,957,959
	Population Age 25+ with No High School Diploma, Percent	18.86%	16.31%
Attainment - Overview	No High School Diploma	18.86%	16.31%
	High School Only	33.2%	25.0%
	Some College	26.3%	21.6%
	Associates Degree	6.8%	7.2%
	Bachelors Degree	10.9%	19.5%
	Graduate or Professional Degree	4.0%	10.4%

Housing and Families

Data Indicator	Indicator Variable	Location Summary	Texas
Households - Overview	Total Households	8,377	9,691,647
	Family Households	5,852	6,712,183
	Family Households, Percent	69.86%	69.26%
	Non-Family Households	2,525	2,979,464
	Non-Family Households, Percent	30.14%	30.74%
Evictions	Renter Occupied Households	2,536	3,474,100
	Eviction Filings	3	165,708
	Evictions	3	75,431
	Eviction Filing Rate	0.12%	4.77%
	Eviction Rate	0.12%	2.17%
Housing Costs - Cost Burden (30%)	Total Households	8,377	9,691,647
	Cost Burdened Households (Housing Costs Exceed 30% of Income)	2,089	2,859,845
	Cost Burdened Households, Percent	24.94%	29.51%
Housing Quality - Substandard Housing	Total Occupied Housing Units	8,377	9,691,647
	Occupied Housing Units with One or More Substandard Conditions	2,345	3,074,972
	Occupied Housing Units with One or More Substandard Conditions, Percent	27.99%	31.73%
Housing Stock - Age	Total Housing Units	10,731	10,937,026
	Median Year Structures Built	1982	1987

Other Social & Economic Factors

Data Indicator	Indicator Variable	Location Summary	Texas
Area Deprivation Index	Total Population	22,639	27,705,505
	State Percentile	74	No data
	National Percentile	80	56
Households with No Motor Vehicle	Total Occupied Households	8,377	9,691,647
	Households with No Motor Vehicle	375	512,411
	Households with No Motor Vehicle, Percent	4.48%	5.29%
Insurance - Uninsured Population (ACS)	Total Population (For Whom Insurance Status is Determined)	22,585	27,792,957
	Uninsured Population	4,288	4,791,164
	Uninsured Population, Percent	18.99%	17.24%
SNAP Benefits - Population Receiving SNAP (SAIPE)	Total Population	23,437.00	28,995,881.00
	Population Receiving SNAP Benefits	3,423	3,413,860
	Population Receiving SNAP Benefits, Percent	14.6%	11.8%
Social Vulnerability Index	Total Population	23,515	27,885,195
	Socioeconomic Theme Score	0.89	0.50
	Household Composition Theme Score	0.77	0.43
	Minority Status Theme Score	0.91	0.93
	Housing & Transportation Theme Score	0.91	0.63
	Social Vulnerability Index Score	0.95	0.65
Teen Births	Female Population Age 15-19	4,578	13,445,492
	Teen Births, Rate per 1,000 Female Population Age 15-19	45.7	31.4
Violent Crime - Total	Total Population	23,416	27,937,316
	Violent Crimes, 3-year Total	246	359,196
	Violent Crimes, Annual Rate (Per 100,000 Pop.)	350.10	428.50
Property Crime - Total	Total Population	23,340	27,409,712
	Property Crimes, Annual Average	619	788,975
	Property Crimes, Annual Rate (Per 100,000 Pop.)	2,652.0	2,878.6
Voter Participation Rate	Total Citizens Age 18+	16,623	18,181,328
	Total Votes Cast	9,095	11,317,911
	Voter Participation Rate	54.7%	62.3%
Young People Not in School and Not Working	Population Age 16-19	1,074	1,607,428
	Population Age 16-19 Not in School and Not Employed	144	124,759
	Population Age 16-19 Not in School and Not Employed, Percent	13.41%	7.76%

Physical Environment

Data Indicator	Indicator Variable	Location Summary	Texas
Air & Water Quality - Particulate Matter 2.5	Total Population (2010)	23,384	25,145,561
	Average Daily Ambient Particulate Matter 2.5	7.94	8.32
	Days Exceeding Emissions Standards	0	0
	Days Exceeding Standards, Percent (Crude)	0.00	0.00
	Days Exceeding Standards, Percent (Weighted)	0.00%	0.00%
Built Environment - Broadband Access	Total Population (2020)	23,340	29,360,187
	Access to DL Speeds > 25MBPS (2020)	96.73%	97.80%
Built Environment - Liquor Stores	Total Population (2010)	23,384	25,145,561
	Number of Establishments	Suppressed	1,994
	Establishments, Rate per 100,000 Population	Suppressed	7.93
Built Environment - Recreation and Fitness Facility Access	Total Population (2010)	23,384	25,145,561
	Number of Establishments	Suppressed	2,663
	Establishments, Rate per 100,000 Population	Suppressed	10.59
Climate & Health - Drought Severity	Time Period	2017-2019	2017-2019
	Weeks in D0 (Abnormally Dry), Percent	17.37%	20.19%
	Weeks in D1 (Moderate Drought), Percent	19.60%	11.54%
	Weeks in D2 (Severe Drought), Percent	7.18%	4.24%
	Weeks in D3 (Extreme Drought), Percent	1.38%	1.21%
	Weeks in D4 (Exceptional Drought), Percent	0.00%	0.05%
	Weeks in Drought (Any), Percent	28.17%	17.03%
Food Environment - Fast Food Restaurants	Total Population (2010)	23,384	25,145,561
	Number of Establishments	15	21,986
	Establishments, Rate per 100,000 Population	64.15	87.43
Food Environment - Food Desert Census Tracts	Total Population (2010)	23,384	25,145,561
	Food Desert Census Tracts	4	1,022
	Other Census Tracts	4	4,216
	Food Desert Population	9,098	4,926,344
	Other Population	10,260	6,442,713
Food Environment - Grocery Stores	Total Population (2010)	23,384	25,145,561
	Number of Establishments	3	3,513
	Establishments, Rate per 100,000 Population	12.83	13.97
Food Environment - SNAP-Authorized Food Stores	Total Population (2020)	23,340	29,360,187
	Total SNAP-Authorized Retailers	28	21,093
	SNAP-Authorized Retailers, Rate per 10,000 Population	12.00	7.18

Clinical Care and Prevention

Data Indicator	Indicator Variable	Location Summary	Texas
Cancer Screening - Mammogram (Medicare)	Medicare Beneficiaries	4,907	3,902,567
	Female Beneficiaries with Recent Mammogram, Percent	30%	27%
Diabetes Management - Hemoglobin A1c Test	Medicare Enrollees with Diabetes	357	248,836
	Medicare Enrollees with Diabetes with Annual Exam	309	215,094
	Medicare Enrollees with Diabetes with Annual Exam, Percent	86.55%	86.44%
Hospitalizations - Preventable Conditions	Medicare Beneficiaries	4,907	3,902,567
	Preventable Hospitalizations, Rate per 100,000 Beneficiaries	3,800	3,300

Health Behaviors

Data Indicator	Indicator Variable	Location Summary	Texas
Alcohol - Heavy Alcohol Consumption	Total Population (2018)	23,519	28,701,845
	Adults Reporting Excessive Drinking	4,357	5,445,572
	Percentage of Adults Reporting Excessive Drinking	18.53%	18.97%
Alcohol - Binge Drinking	Total Population (2019)	23,437	28,995,881
	Percentage of Adults Binge Drinking in the Past 30 Days	16.30%	17.99%
Physical Inactivity	Population Age 20+	17,708	20,769,377
	Adults with No Leisure Time Physical Activity	3,754	4,595,608
	Adults with No Leisure Time Physical Activity, Percent	20.3%	21.9%
STI - Chlamydia Incidence	Total Population	23,527	28,304,596
	Chlamydia Infections	63	146,510
	Chlamydia Infections, Rate per 100,000 Pop.	267.78	517.62
STI - Gonorrhea Incidence	Total Population	23,527	28,304,596
	Gonorrhea Infections	19	47,231
	Gonorrhea Infections, Rate per 100,000 Pop.	80.8	166.90
STI - HIV Prevalence	Population Age 13+	19,746	23,369,741
	Population with HIV / AIDS	38	91,764
	Population with HIV / AIDS, Rate per 100,000 Pop.	192.4	392.70
Tobacco Usage - Current Smokers	Total Population (2019)	23,437	28,995,881
	Adult Current Smokers (Crude)	20.70%	15.57%
	Adult Current Smokers (Age-Adjusted)	21.40%	15.54%
Insufficient Sleep	Total Population (2018)	23,519	28,701,845
	Adults Sleeping Less Than 7 Hours on Average (Crude)	37.60%	36.2%
	Adults Sleeping Less Than 7 Hours on Average (Age-Adjusted)	38.80%	36.3%

Special Topics - COVID-19

Data Indicator	Indicator Variable	Location Summary	Texas
COVID-19 - Confirmed Cases	Total Population	23,519	28,701,845
	Total Confirmed Cases	5,097	6,760,500
	Confirmed Cases, Rate per 100,000 Population	21,671.84	23,554.23
	Last Update	05/05/2022	05/05/2022
COVID-19 - Mortality	Total Population	23,519	28,701,845
	Total Deaths	124	88,107
	Deaths, Rate per 100,000 Population	527.23	306.97
	Last Update	05/05/2022	05/05/2022
Social Distancing - Mobility Reports (Google)	Report Date	2/1/2022 12:00:00 AM	2/1/2022 12:00:00 AM
	Retail and recreation	No data	-5%
	Grocery and pharmacy	No data	9%
	Parks	No data	-10%
	Transit stations	No data	-13%
	Workplaces	-3%	-23%
	Residential	-1%	6%

<https://sparkmap.org>, 5/5/2022



South Limestone Hospital District
701 McClintic Drive
Groesbeck, Texas 76642-2128
Telephone: (254) 729-3281
Fax: (254) 729-3080

Community Concerns:

Please tell us about your community by choosing up to three options you most agree with in each category below.

1. Considering the COMMUNITY /ENVIRONMENTAL HEALTH in your community, concerns are (choose up to THREE):

- ☐ Active faith community
- ☐ Attracting and retaining young families
- ☐ Not enough jobs with livable wages, not enough to live on
- ☐ Not enough affordable housing
- ☐ Poverty
- ☐ Changes in population size (increasing or decreasing)
- ☐ Crime and safety, adequate law enforcement personnel
- ☐ Water quality (well water, lakes, streams, rivers)
- ☐ Air quality
- ☐ Litter (amount of litter, adequate garbage collection)
- ☐ Having enough child daycare services
- ☐ Having enough quality school resources
- ☐ Not enough places for exercise and wellness activities
- ☐ Not enough public transportation options, cost of public transportation
- ☐ Racism, prejudice, hate, discrimination
- ☐ Traffic safety, including speeding, road safety, seatbelt use, and drunk/distracted driving
- ☐ Physical violence, domestic violence, sexual abuse
- ☐ Child abuse
- ☐ Bullying/cyber-bullying
- ☐ Recycling
- ☐ Homelessness
- ☐ Other: (please specify) _____

2. Considering the AVAILABILITY/DELIVERY OF HEALTH SERVICES in your community, concerns are (choose up to THREE):

- ☐ Ability to get appointments for health services within 48 hours.
- ☐ Extra hours for appointments, such as evenings and weekends
- ☐ Availability of primary care providers (MD,DO,NP,PA) and nurses
- ☐ Ability to retain primary care providers (MD,DO,NP,PA) and nurses in the community
- ☐ Availability of public health professionals
- ☐ Availability of specialists
- ☐ Not enough health care staff in general
- ☐ Availability of wellness and disease prevention services
- ☐ Availability of mental health services
- ☐ Availability of substance use disorder/treatment services
- ☐ Availability of hospice
- ☐ Availability of dental care
- ☐ Availability of vision care
- ☐ Emergency services (ambulance & 911) available 24/7 Ability/willingness of healthcare providers to work together to coordinate patient care within the health system.

- ☐ Ability/willingness of healthcare providers to work together to coordinate patient care outside the local community.
- ☐ Patient confidentiality (inappropriate sharing of personal health information)
- ☐ Not comfortable seeking care where I know the employees at the facility on a personal level
- ☐ Quality of care
- ☐ Cost of health care services
- ☐ Cost of prescription drugs
- ☐ Cost of health insurance
- ☐ Adequacy of health insurance (concerns about out-of pocket costs)
- ☐ Understand where and how to get health insurance
- ☐ Other: (please specify) _____

3. Considering the YOUTH POPULATION in your community, concerns are (choose up to THREE):

- ☐ Alcohol use and abuse
- ☐ Drug use and abuse (including prescription drug abuse)
- ☐ Smoking and tobacco use, exposure to second-hand smoke, or vaping/juuling
- ☐ Cancer
- ☐ Diabetes
- ☐ Depression/anxiety
- ☐ Stress
- ☐ Suicide
- ☐ Not enough activities for children and youth
- ☐ Teen pregnancy
- ☐ Sexual health
- ☐ Diseases that can spread, such as sexually transmitted diseases or AIDS
- ☐ Wellness and disease prevention, including vaccine preventable diseases
- ☐ Not getting enough exercise/physical activity
- ☐ Obesity/overweight
- ☐ Hunger, poor nutrition
- ☐ Crime
- ☐ Graduating from high school
- ☐ Availability of disability services
- ☐ Other: (please specify) _____

4. Considering the ADULT POPULATION in your community, concerns are (choose up to THREE):

- ☐ Alcohol use and abuse
- ☐ Drug use and abuse (including prescription drug abuse)
- ☐ Smoking and tobacco use, exposure to second-hand smoke
- ☐ Cancer
- ☐ Lung disease (i.e. emphysema, COPD, asthma)
- ☐ Diabetes
- ☐ Heart disease
- ☐ Hypertension
- ☐ Dementia/Alzheimer's disease
- ☐ Other chronic diseases: _____
- ☐ Depression/anxiety
- ☐ Stress
- ☐ Suicide



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- ☐ Diseases that can spread, such as sexually transmitted diseases or AIDS
- ☐ Wellness and disease prevention, including vaccine preventable diseases

- ☐ Not getting enough exercise/physical activity
- ☐ Obesity/overweight
- ☐ Hunger, poor nutrition
- ☐ Availability of disability services
- ☐ Other: (please specify) _____

5. Considering the SENIOR POPULATION in your community, concerns are (choose up to THREE):

- ☐ Ability to meet needs of older population
- ☐ Long-term/nursing home care options
- ☐ Assisted living options
- ☐ Availability of resources to help the elderly stay in their homes
- ☐ Availability/cost of activities for seniors
- ☐ Availability of resources for family and friends caring for elders
- ☐ Quality of elderly care
- ☐ Cost of long-term/nursing home care
- ☐ Availability of transportation for seniors
- ☐ Availability of home health
- ☐ Not getting enough exercise/physical activity
- ☐ Depression/anxiety
- ☐ Suicide
- ☐ Alcohol use and abuse
- ☐ Drug use and abuse (including prescription drug abuse)
- ☐ Availability of activities for seniors
- ☐ Elder abuse
- ☐ Other: (please specify) _____

6. Regarding various forms of VIOLENCE in your community, concerns are (choose up to THREE):

- ☐ Bullying/cyber-bullying
- ☐ Child abuse or neglect
- ☐ Dating violence
- ☐ Domestic/intimate partner violence
- ☐ Emotional abuse (intimidation, isolation, verbal threats, withholding of funds)
- ☐ General violence against women
- ☐ General violence against men
- ☐ Physical abuse
- ☐ Stalking
- ☐ Sexual abuse/assault
- ☐ Video game violence
- ☐ Workplace/co-worker violence

7. What single issue do you feel is the biggest challenge facing your community?



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Delivery of Healthcare

8. Considering PRIMARY HEALTHCARE, where do you primarily receive your Healthcare:
(choose one)

- ☐ Limestone Medical Center – Hospital
- ☐ Family Medicine Center - Groesbeck
- ☐ Rettig Family Health Care- Groesbeck
- ☐ Kosse Community Health Clinic- Kosse
- ☐ Parkview Regional Hospital and Clinic- Mexia
- ☐ Scott and White Hospital and Clinic – Waco/Temple
- ☐ Other: _____

9. What PREVENTS community residents from receiving healthcare? (Choose ALL that apply)

- ☐ Can't get transportation services
- ☐ Concerns about confidentiality
- ☐ Distance from health facility
- ☐ Don't know about local services
- ☐ Don't speak language or understand culture
- ☐ Lack of disability access
- ☐ Limited access to telehealth technology (patients seen by providers at another facility through a monitor/TV screen)
- ☐ No insurance or limited insurance
- ☐ Not able to get appointment/limited hours
- ☐ Not able to see same provider over time
- ☐ Not accepting new patients
- ☐ Not affordable
- ☐ Not enough providers (MD, DO, NP, PA)
- ☐ Not enough evening or weekend hours
- ☐ Not enough specialists
- ☐ Poor quality of care
- ☐ Other: (please specify) _____

10. Where do you turn for trusted health information? (Choose ALL that apply)

- ☐ Other healthcare professionals (nurses, chiropractors, dentists, etc.)
- ☐ Primary care provider (doctor, nurse practitioner, physician assistant)
- ☐ Public health professional
- ☐ Web searches/internet (WebMD, Mayo Clinic, Healthline, etc.)
- ☐ Word of mouth, from others (friends, neighbors, co-workers, etc.)
- ☐ Other: (please specify) _____

11. Where do you find out about LOCAL HEALTH SERVICES available in your area? (Choose ALL that apply)

- ☐ Advertising
- ☐ Employer/worksites wellness
- ☐ Healthcare professionals
- ☐ Newspaper
- ☐ Public Health professionals
- ☐ Radio
- ☐ Social media (Facebook, Twitter, etc.)



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- ☐ Web searches
- ☐ Word of mouth
- ☐ Other: (please specify) _____

12. What specific healthcare services, if any, do you think should be added locally?

13. Do you believe individuals in the community would financially support any of the following capital improvements by Limestone Medical Center? (Choose ALL that apply)

- ☐ Expansion of the Hospital Physical Therapy/OT/Speech Departments/Wound Care
- ☐ Addition of Mammography services
- ☐ Expansion of IT Department
- ☐ Expansion of the Business Offices
- ☐ Expansion of the Infection Control Departments)
- ☐ Other: (please specify) _____

Demographic Information: Please tell us about yourself. All information you provide is confidential and will only be used in compiling data for this report.

14. Age:

- ☐ Less than 18 years
- ☐ 18 to 24 years
- ☐ 25 to 34 years
- ☐ 35 to 44 years
- ☐ 45 to 54 years
- ☐ 55 to 64 years
- ☐ 65 to 74 years
- ☐ 75 years and older

15. Highest level of education:

- ☐ Less than high school
- ☐ High school diploma or GED
- ☐ Some college/technical degree
- ☐ Associate's degree
- ☐ Bachelor's degree
- ☐ Graduate or professional degree

16. Gender:

- ☐ Female ☐ Male ☐ Transgender

17. Employment status:

- ☐ Full time
- ☐ Part time
- ☐ Homemaker
- ☐ Multiple job holder
- ☐ Unemployed
- ☐ Retired



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18. Your zip code: _____

19. Race/Ethnicity (choose ALL that apply):

- ☐ American Indian
- ☐ African American
- ☐ Asian
- ☐ Hispanic/Latino
- ☐ Pacific Islander
- ☐ White/Caucasian
- ☐ Other: _____
- ☐ Prefer not to answer

20. Income

- ☐ Less than \$15,000
- ☐ \$15,000 to \$24,999
- ☐ \$25,000 to \$49,999
- ☐ \$50,000 to \$74,999
- ☐ \$75,000 to \$99,999
- ☐ \$100,000 to \$149,999
- ☐ \$150,000 and over
- ☐ Prefer not to answer

21. Overall, please share concerns and suggestions to improve the delivery of local healthcare.

Thank you for assisting us with this important survey!